

BACK IN THE SADDLE

Choreographed by Yvonne Anderson, Scotland, September 2013, email: elyron@hotmail.co.uk

Description: 64 count, 4 wall phrased Improver line dance

Music: You Can't Count Me Out Yet by Travis Tritt, album: Strong Enough

Notes: Start on vocal, Restart during wall 6 dance through to count 32 and restart facing 3 o'clock

1-8 SIDE-BEHIND-1/4 RIGHT, HOLD, ¼ RIGHT-BEHIND-1/4 LEFT, HOLD

1-4 Step R to side, Step L behind right, Make 1/ turn right stepping R forward, Hold [3]

5-8 Make ¼ turn right stepping L to side, Step R behind left, Make ¼ turn left stepping L forward, Hold [3]

9-16 HEEL FORWARD, HOOK, HEEL FORWARD, FLICK, STOMP FORWARD, HEEL TWISTS

1-4 Touch R heel forward, Hook R heel across left shin, Touch R heel forward, Flick R heel back [3]

5-8 Stomp R forward and lean slightly forward, Twist both heels out, Twist both heel in, Recover weight on L [3]

17-24 BACK-TOGETHER-BACK-TOGETHER, COASTER CROSS, HOLD

1-4 Step R back, Step L beside right, Step R back, Step L beside right [3]

(counts 1-4 feel like an extended shuffle back)

5-8 Step R back, Step L beside right, Step R across left, Hold [3]

25-32 ROCK LEFT TO LEFT, RECOVER, SAILOR ¼ TURN RIGHT, HOLD

1-4 Rock L to left pushing hips to left, Hold, Recover weight on R with hip sway [3]

5-8 Step L behind right, Make ¼ turn right stepping R forward, Step L slightly forward [6]

33-40 HITCH-BALL-HEEL, STEP ½ TURN LEFT

1-4 Hitch R knee, Step Ball of R slightly back, Touch L heel forward, Hold [6]

5-8 Step L beside right, Step R forward, Make ½ turn left taking weight on L, Hold [12]

41-48 DIAGONL LOCK STEP FORWARD, HOLD, SIDE SHUFFLE, ¼ RIGHT with Hitch

1-4 Step R forward to right diagonal, Lock L behind R, Step R forward to right diagonal, Hold [1.30]

5-7 Step L to left squaring off to wall, step R beside left, Step L to left [12]

8 On ball of L make ¼ turn right and hitch right knee slightly [3]

49-56 SIDE SHUFFLE, ¼ RIGHT with HITCH , DIAGONAL LOCK STEP FORWARD, HOLD

1-3 Step R to right, Step L beside right, Step R to right [3]

4 On ball of R make ¼ turn and hitch L knee slightly [6]

5-8 Step L forward to left diagonal, Lock R behind left, Step L forward to left diagonal, Hold [5.30]

57-64 STEP FORWARD,HOLD, ½ LEFT, HOLD, STEP FORWARD, HOLD, ¼ LEFT, HOLD

1-2 Step R forward squaring off to wall, Hold [6]

3-4 Make ½ turn left taking weight on L, Hold [12]

5-6 Step R forward, Hold

7-8 Make ¼ turn left taking weight on L, Hold [9]