

« The World is your Mirror » say the Soufis, and the Yogis...

...
Mirror
...

Here is a lovely story which illustrates Mirror:

In New-York, in the high and dense traffic of the city, two businessmen and one Native Indian. The Native, suddenly says:

« Listen! Listen! There is a grasshopper over there! »

The citizens cannot believe a word and let go...

« Yes! Yes! Continues the Indian, yes, there IS a grasshopper here, i assure you! »

Gosh! In the middle of this tremendous noise, yelling sirens, raging taxis, how could a grasshopper live? And be heard? How could this Indian hear it? No! Impossible!

But the Indian does not give up, and wants to show the men; following his ear, he guides them to cross the large avenue, join the next block and at the bottom, between some big stones, slowly and carefully, he uncovers the grasshopper...

Completely astonished, the New-Yorkers can not say a word... They gaze at the Indian, asking silently :
« But How!? How did you??... »

The Indian tells them:

« Give me some coins and watch; you'll understand... »

He takes the coins, crosses the busy avenue to its half, and, reaching the middle, sends the coins in the air, at random; then quickly comes back to the sidewalk near the men.

A soft, light metallic melody rises when the coins hit the asphalt... cling cling cling... and immediately, despite of the noise around, dozens of pedestrians rush towards the coins.....

We perceive from the Outside, what is Inside us... ... Mirror....

In those unstable times where bombs everywhere explode
It becomes truly vital to connect to Beauty,
Rather than to atrocities.

For, Beauty is everywhere,

Look!

Listen to the grasshopper in the city!

Admire the sunbeam during the storm!

Look at the tiny flower growing in concrete!

Welcome the kind smile of the baker!

Discover Beauty in the Outside world,
And your inner Beauty unfolds...

Offer your own Beauty to the world,
And the World becomes Beauty -full...

...
Mirror

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.....*Mirror*.....

In Short The News

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→ Thanks to Heidi, the farm and I, we are candidates to a kind of contest organised by a french newspaper: « lepetitjournal.com » rewarding French people living and realising special projects abroad. Who knows !? We might have a chance! It might help the farm?! Results in March....

[HERE in French, testimonials](#) sent by many to support us !

[HERE my application \(in french☺\)](#)... I might also ask for your participation at some stage for a « **PUBLIC CHOICE PRIZE** » is also in their program !

→ Development, reconstruction: our application to TKDK, the agency for rural development continues. Karine, Yannick, Kiko as french builders, Selcan and Serkan as turkish consultant and entrepreneur, help to gather the huge dossier, which has to be fully ready between 25 march and 25 may... to follow...

→ Yoga classes inAntalya: since Cengiz, Iryna, Ömrüye, Eray, Semra accepted that i continue to give classes in THEIR places WITHOUT paying money, or not too much, i feel like Blissed and full of Joy. This should help the rebuilding of the financial situation which is still very very tense... we have to be able to hold on until TKDK's decision...

→ The Book (in french☺) « Aventures d'une pilote yogini autour de la Terre, ou une quête éperdue de vérité » is in its last stage of edition... and will be very very soooooon in YOUR hands ! Paper or numerical...

[HERE](#) already the site of PUBLICATIONS : [MIRABELLE FLEUR DE YOGA](#), with Book's EXTRACTS... (in french though☺)

And [HERE](#) the facebook page [MIRABELLE FLEUR DE YOGA](#)...

...Finally some FAVORITES to share with you....

The Little Prince...

Everyone knows *St Exupéry's famous book...*

But... Did you watch the *MOVIE ?*

It is an absolute delight, where purity of childhood regains its deserved place...

...and cherry on the top, with an AVIATOR of genius !!!!

[Here the link for the streaming version](#)

WATER or powers of water an astonishing documentary about scientific researches showing that ***WATER IS ALIVE***

Water reacts to our EMOTIONS

Water has a MEMORY

[HERE a link to a 20 min extract](#). A MUST to see!

To BE and to BECOME,

A splendid film that gives us wings and transports us into a new paradigm about education, A MUST see !... ..

[HERE the website and trailers](#)

DEMAIN, The film, for those who wish to work for a better world...

Youth of « *DEMAIN le film* » give us tools and examples, LET's start NOW ! *French and english©*

[HERE Trials and site](#)

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*Some
Favorites*

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Today,
The Sun said:
« I'll go into hiding »

Then the mountains said:
« Well we'll go too! »

Rain and clouds,
Mist and fog.

In the house,
the stove, cats and me,
We purr gently 😊
miiiouuurrrrrrroouuu

...
Bye
Bye

....

And so does Mavi
Gosh who is Mavi?
The dog!
Waouha!