



STEPPIN'OFF THEPage

"This is the favourite Irish dance that I've choreographed. I think maybe the steps were too intricate and fast at the time but now I am sure dancers would find it easier."

## Irish Spirit (aka Baileys)

## 4 WALL - 32 COUNTS - INTERMEDIATE

Steps	Actual Footwork	Calling Suggestion	Direction
Section 1	Step, Scuff Hitch Cross, Coaster Cross, Hitch, Cross, & Step, Cross & Step Cross		
1 &	Step right forward. Scuff left forward.	Step Scuff	Forward
2 &	Hitch left knee. Cross left over right.	Hitch Cross	Right
3 & 4	Step right back. Step left beside right. Cross touch right over left.	Coaster Cross	Left
& 5	Low hitch right. Cross stomp right over left.	Hitch Cross	On the spot
& 6	Recover onto left. Step right beside left.	Recover Together	
& 7	Cross stomp left over right. Recover onto right.	Cross Recover	
& 8	Step left beside right. Cross stomp right over left.	Together Cross	Left
Section 2	Side Rock, Grapevine Right, Side Rock, Grapevine Left		
1 - 2	Rock left out to left side. Recover onto right.	Left Rock	On the spot
3 & 4	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
5 - 6	Rock right out to right side. Recover onto left.	Right Rock	On the spot
7 & 8	Cross right behind left. Step left to left side. Cross right over left.	Behind Side Cross	Left
Section 3	Side, Back Rock, Step, Pivot 1/2, Step, Full Turn Forward, Point		
& 1 - 2	Step left to left side. Rock back on right. Recover onto left.	& Back Rock	On the spot
3 - 4 - 5	Step right forward. Pivot 1/2 turn left. Walk forward on right. (6:00)	Step Turn Step	Turning left
6 & 7	Travelling forward make full turn right, stepping left, right, left.	Full Turn	Turning right
8	Point right toe forward.	Point	On the spot
Section 4	Hold, Together, Point, Together, Behind, Unwind 3/4, Side Rock, Grapevine		
1	Hold.	Hold	On the spot
& 2	Step right beside left. Point left toe forward.	Together Point	
& 3	Step left beside right. Touch right toe behind left.	Together Behind	
4	Unwind 3/4 turn right, weight ends on right. (3:00)	Unwind	Turning right
5 - 6	Rock left out to left side. Recover onto right.	Left Rock	
7 & 8	Cross left behind right. Step right to right side. Cross left over right.	Behind Side Cross	Right
Tag	16 count tag, danced once at the end of Wall 4 (facing front wall)		
	Cross & Together, Cross & Cross, & Cross & Together, Cross & Cross		
1 & 2	Cross stomp right over left. Recover onto left. Step right beside left.	Cross & Together	On the spot
& 3	Cross stomp left over right. Recover onto right.	Cross Stomp	
& 4	Step left beside right. Cross stomp right over left.	Together Cross	Left
& 5 & 6	Low hitch right. Stomp cross right over left. Recover onto left. Step right beside left.	Hitch Cross & Step	
& 7	Cross stomp left over right. Recover onto right.	Cross Stomp	On the spot
& 8	Step left beside right. Cross stomp right over left.	Together Cross	
	Walk Full Turn Right		
1 - 4	Recover onto left and start walking round clockwise, stepping right, left, right, left.	Walking Turn	Turning right
5 - 8	Continue walking to complete the full circle, stepping right, left, right, left.	Walking Turn	

Choreographed by:

Maggie Gallagher UK March 2008 'Celtic Rock' by David King from CD Spirit Of The Dance, available from www.spiritofthedance.com (16 count intro - 8 secs)

There is one 16-count tag, danced at the end of Wall 4