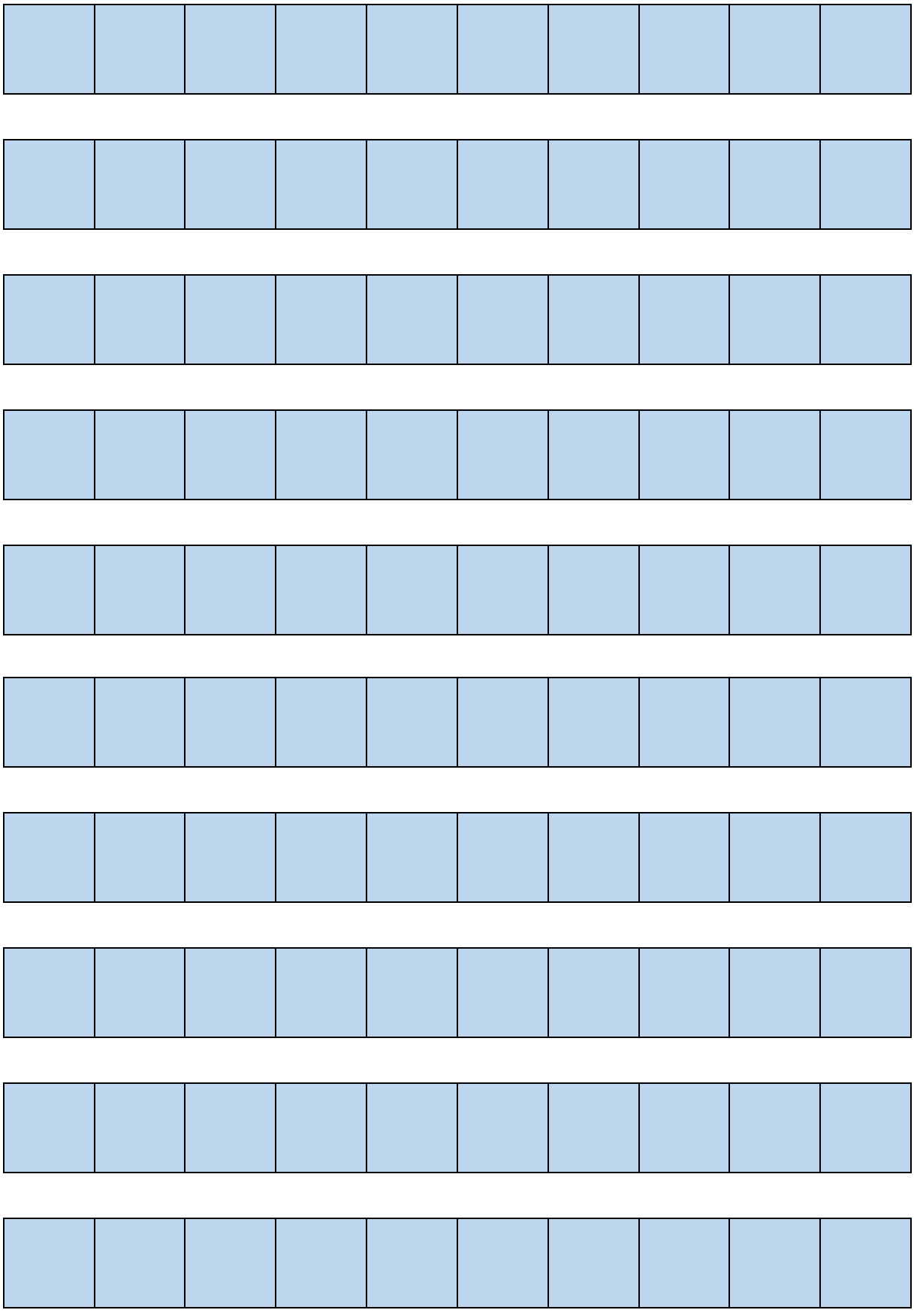Unités