

Basic vocabulary

Referee = arbitre
 Linesman = arbitre de touche
 Half time = la mi-temps
 Break = pause
 Ground = terrain
 Player = joueur
 Substitute = remplaçant
 To warm up = s'échauffer
 To improve one's record = améliorer son record
 To score = marquer (points)
 To score/ lose points : marquer/ perdre des points
 One all ! = un partout
 To win = gagner
 To lose = perdre
 To be level = être à égalité
 Attacker = attaquant
 Defender = défenseur
 Team = équipe
 To draw up the teams = former les équipes

Ball Games

To shoot = tirer
 To cut out = intercepter
 To dummy = feinter
 Goal = gardien
 Goal area = surface du gardien
 To mark = marquer un adversaire
 To pass the ball = faire une passe

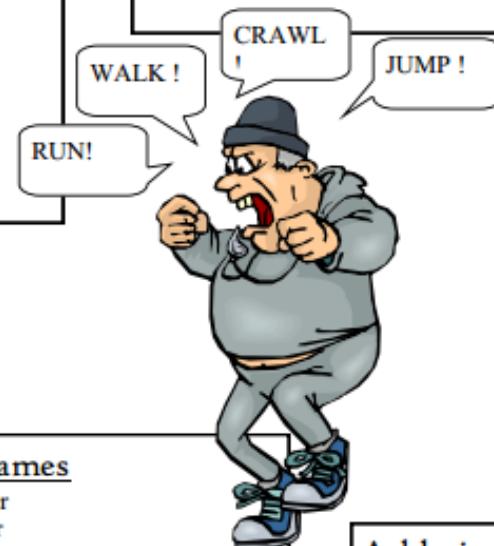
Wrestling games

To catch = attraper
 To push = pousser
 To pull = tirer
 To crush = écraser
 To lift up = soulever
 To fall = tomber
 To pin down to the ground = terrasser
 To immobilize = immobiliser
 Balance = équilibre
 To keep the balance = garder son équilibre

P.E Vocabulary

Orders

Sit down quietly = Asseyez vous calmement.
 Wait = Attendez
 Is everybody ready ? = Tout le monde est-il prêt ?
 Listen to the orders. = Ecoutez les consignes.
 Listen to the rules. = Ecoutez les règles.
 Look at me ! = Regardez-moi !
 Get into pairs (teams of three...) = Mettez vous par deux...
 Count the points. = Comptez les points.
 Write your score. = Ecrivez votre résultat.



Equipment

Mat = tapis de sol
 Cone = cône
 Ball = ballon
 Balls = balles
 Hoop = cerceau
 Scarf = foulard
 Ribbon = ruban
 Stick = bâton
 Rope = corde
 Skipping rope = corde à sauter
 Bench = banc
 Net = filet

Athletics

To throw = lancer
 To aim = viser
 Aim = une cible
 To hit = toucher
 To go over the line = mordre la ligne
 Starting / Finishing line = ligne de départ d'arrivée
 A lap = un tour
 The baton : le témoin
 A lane = un couloir
 On your marks, get set, go ! =
 A vos marques, prêts, partez !

Advice

Slow down ! = Ralentis !
 Don't give up ! = N'abandonne pas !
 Go on ! = Continue !
 Speed up ! = Dépêche toi !
 You're out ! = Tu sors !
 Watch out ! = Attention !
 Keep cool, it's only a game ! = Reste calme, ce n'est qu'un jeu !
 Winning by cheating is unfair ! = Gagner en trichant est injuste.
 Congratulations ! = Félicitations !
 Well done ! = C'est bien !

Actions

To stand up = se lever
 To sit down = s'asseoir
 To jump = sauter
 To hop = sauter à cloche pied
 To run = courir
 To walk = marcher
 To crawl = ramper
 To turn around = tourner autour
 To turn back = faire demi-tour
 To whirl = tournoyer
 To kneel down = s'agenouiller
 To lie down = s'allonger
 To stretch up = s'étirer
 To change direction = changer de direction

Movements

To take a step = faire un pas
 Small = petit
 Big / Large = gros / grand
 Noisy = bruyant
 Silent = silencieux
 Stiff = raide
 Limp = atonique
 Quick = rapide
 Slow = lent
 Heavy = lourd
 Light = léger