

# NETBALL RULES



A goal may only be scored by the goal shooter or goal attack from within the shooting circle. The team score one point for every goal.



Holding the ball, a player must pass or shoot within 4 seconds and obey the footwork rule. The players can't dribble the ball.



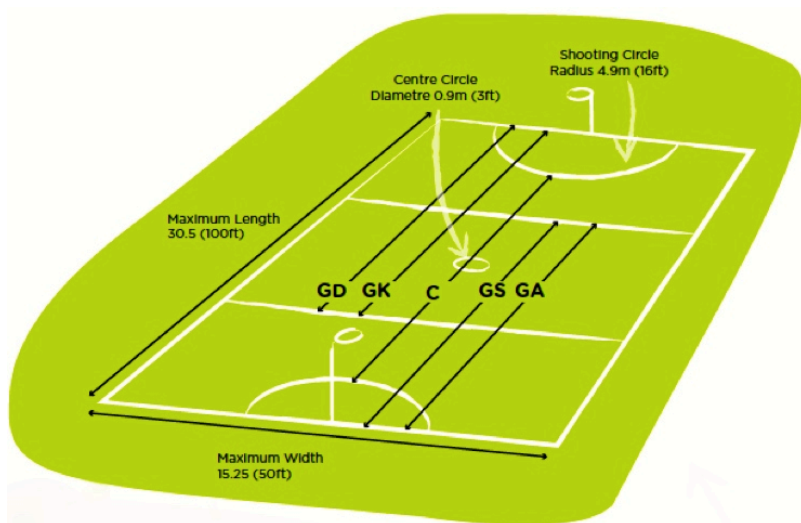
Defending the ball, players must be at least 1m from the person with the ball. Only one jump to intercept a throw or shot is permitted.



Footwork rule : The landing foot remains on the ground, the other foot may be moved in any direction, pivoting on the landing foot.



The ball changes possession when the ball goes out of court or when a player intercepts it.



The court is divided into thirds and players are allowed in the following areas :

- Goal Shooter & Goal Attack : Their own shooting third, shooting circle and centre third .
- Center : All thirds but not in the shooting circles.
- Goal Defence & Goal Keeper : Their opponents shooting third, shooting circle and centre third.

## Specific vocabulary

Ring or hoop	Panier
Center pass	Passe d'engagement
Dodging	Démarquage
Footwork rule	Règle du pied de pivot

