

## Sedona Red Rocks

## Rock Stars

The Red Rocks are Sedona. Visitors are drawn here by their mysterious, imposing presence, and for residents a mundane trip to the grocery store is always infused with at least a little wonder, just by looking up. Some of these formations are the site of the famous Sedona vortexes, special energetic hotspots credited with all kinds of spiritual and physical power. Hiking trails wind through canyons and even up some of the formations themselves for postcard-perfect views.



How were the rocks formed? Here's the one-sentence Sedona geology lesson: Ancient oceans and lakes deposited the sandstone and limestone, erosion from wind, rain and rivers created the fantastic shapes, and iron oxides put the "red" in the Red Rocks. For the detailed story of Sedona's geology and how the red rocks formed, visit [www.gatewaytosedona.com](http://www.gatewaytosedona.com).

To get to know the rocks personally, try one of the several hikes outlined in this Guide. And remember, if you're going to spend much time out of your car exploring Red Rock Country, it's a good idea to get a Red Rock Pass to park anywhere in this part of Coconino National Forest.

