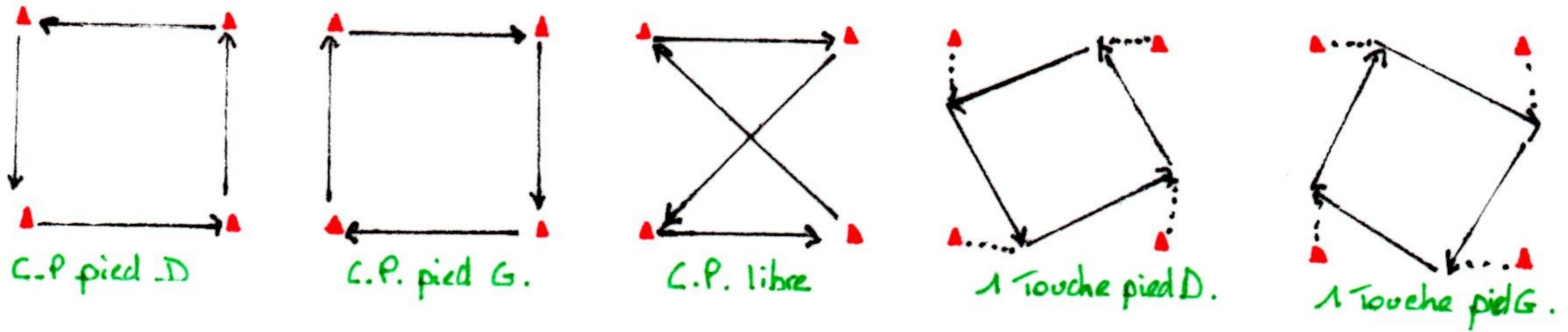
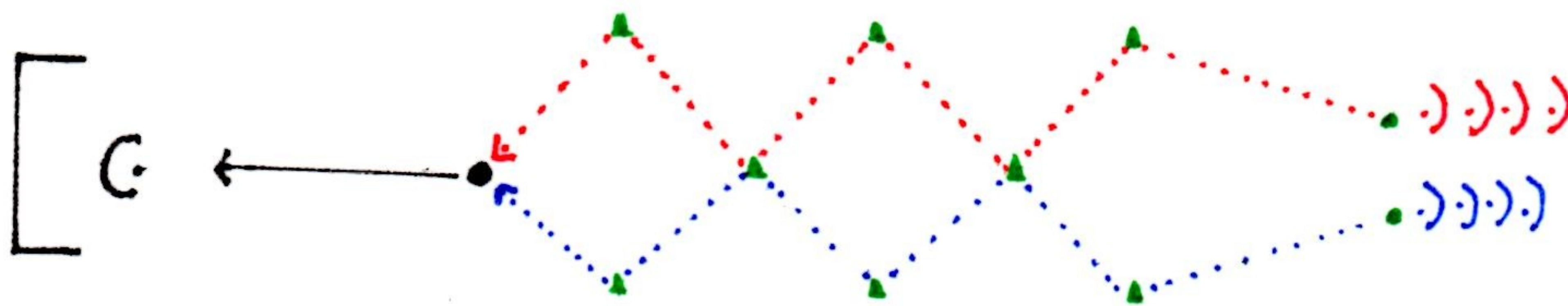
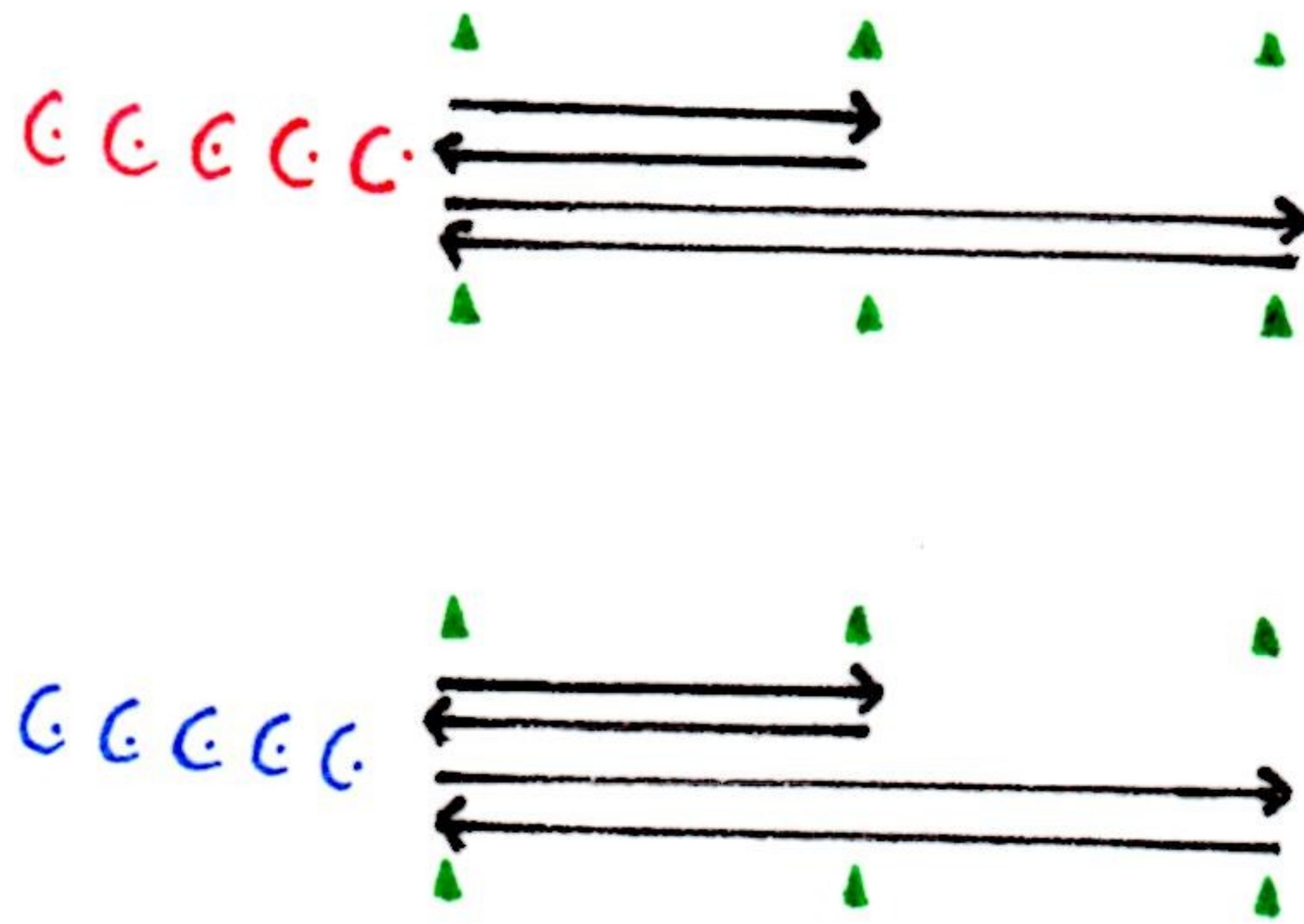


① Échauffement
30'



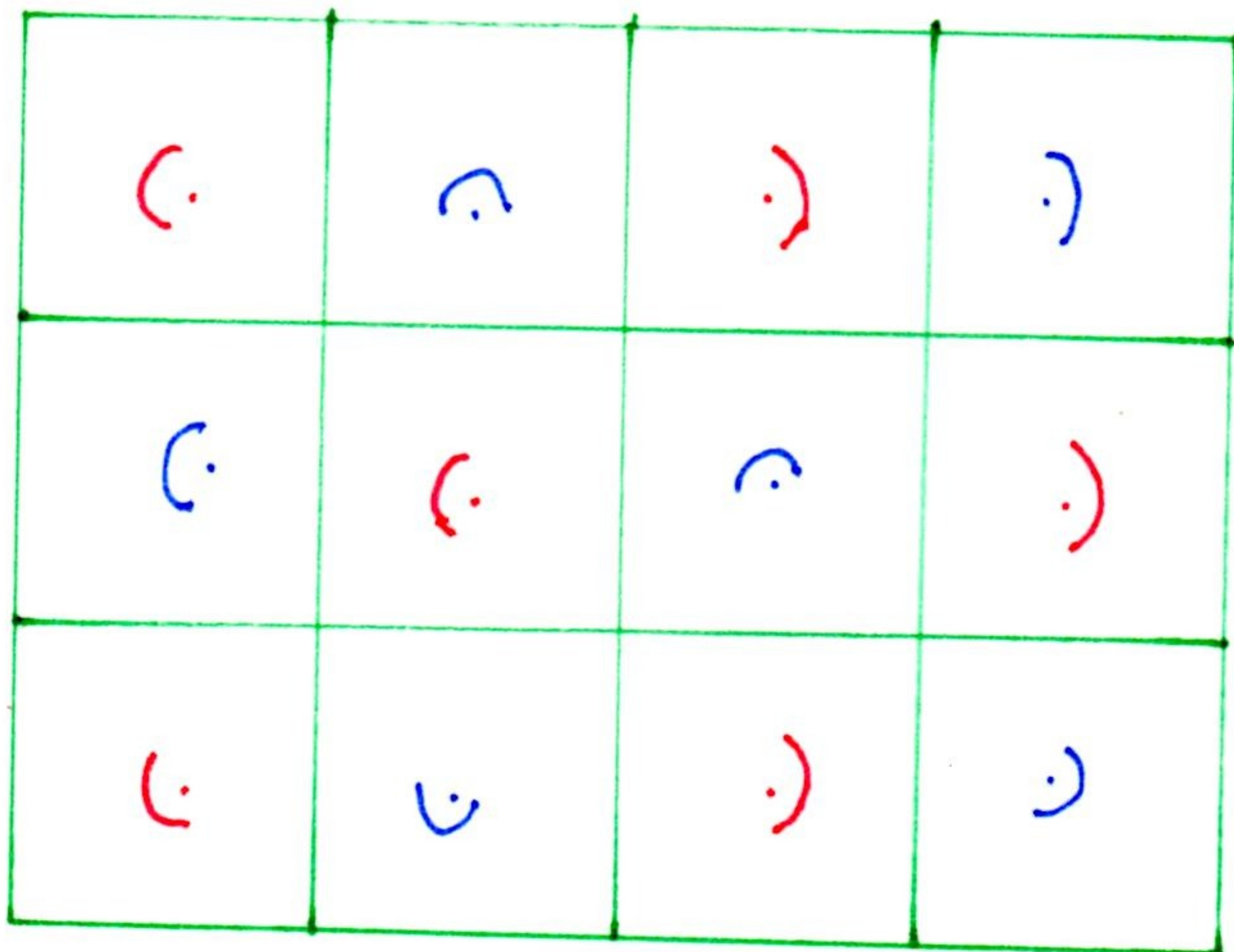
② Vitesse.
30'
15' + 15'



Le premier arrivé tire.

③ Seux.
30'

Damier passe à lo.



Limité les touches de balle.
Passé au match.