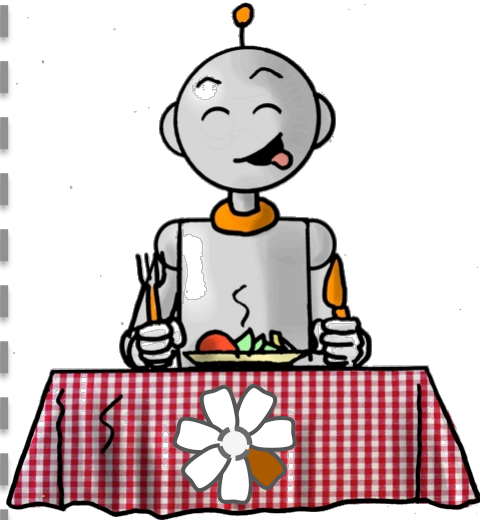
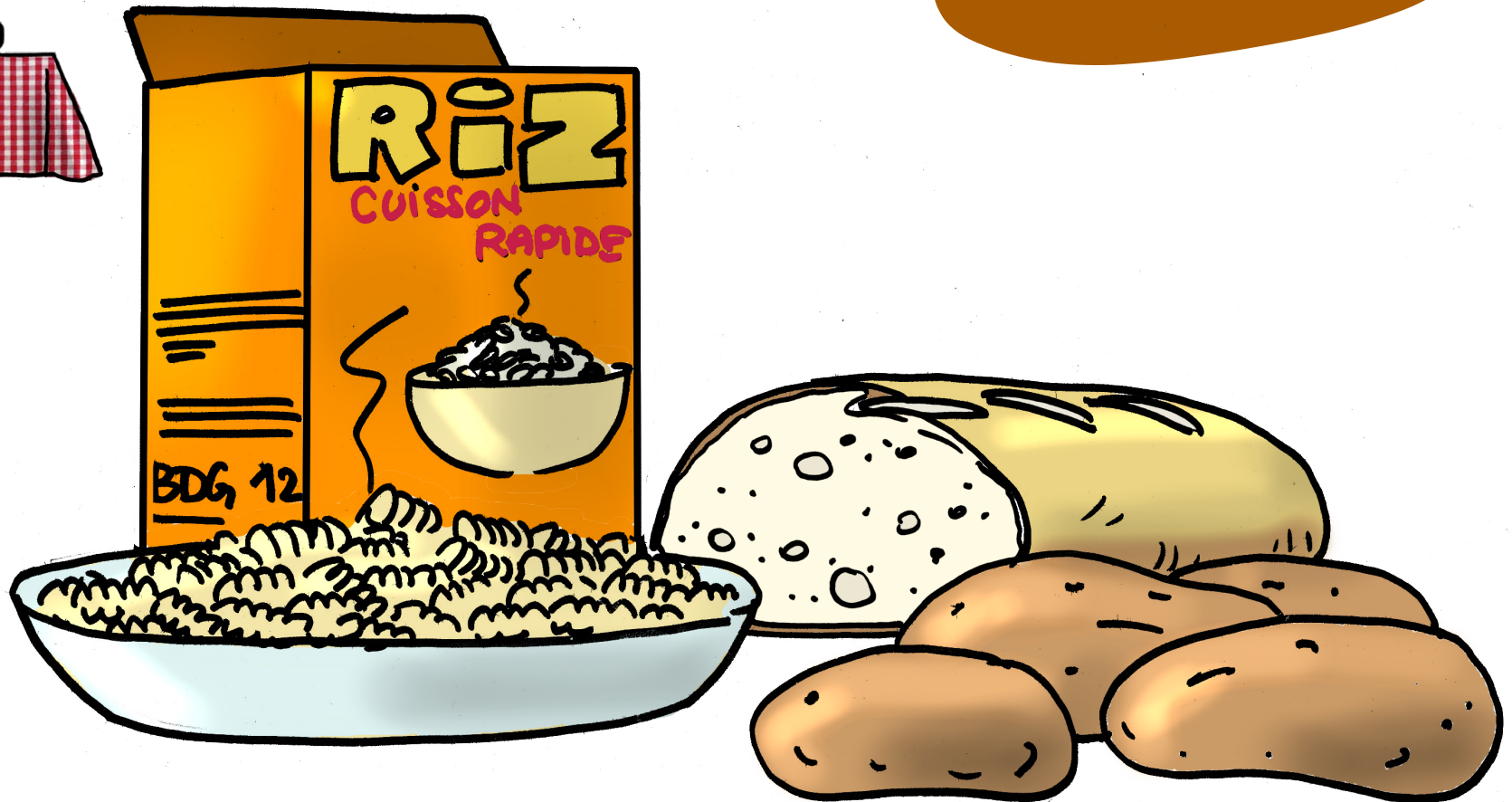


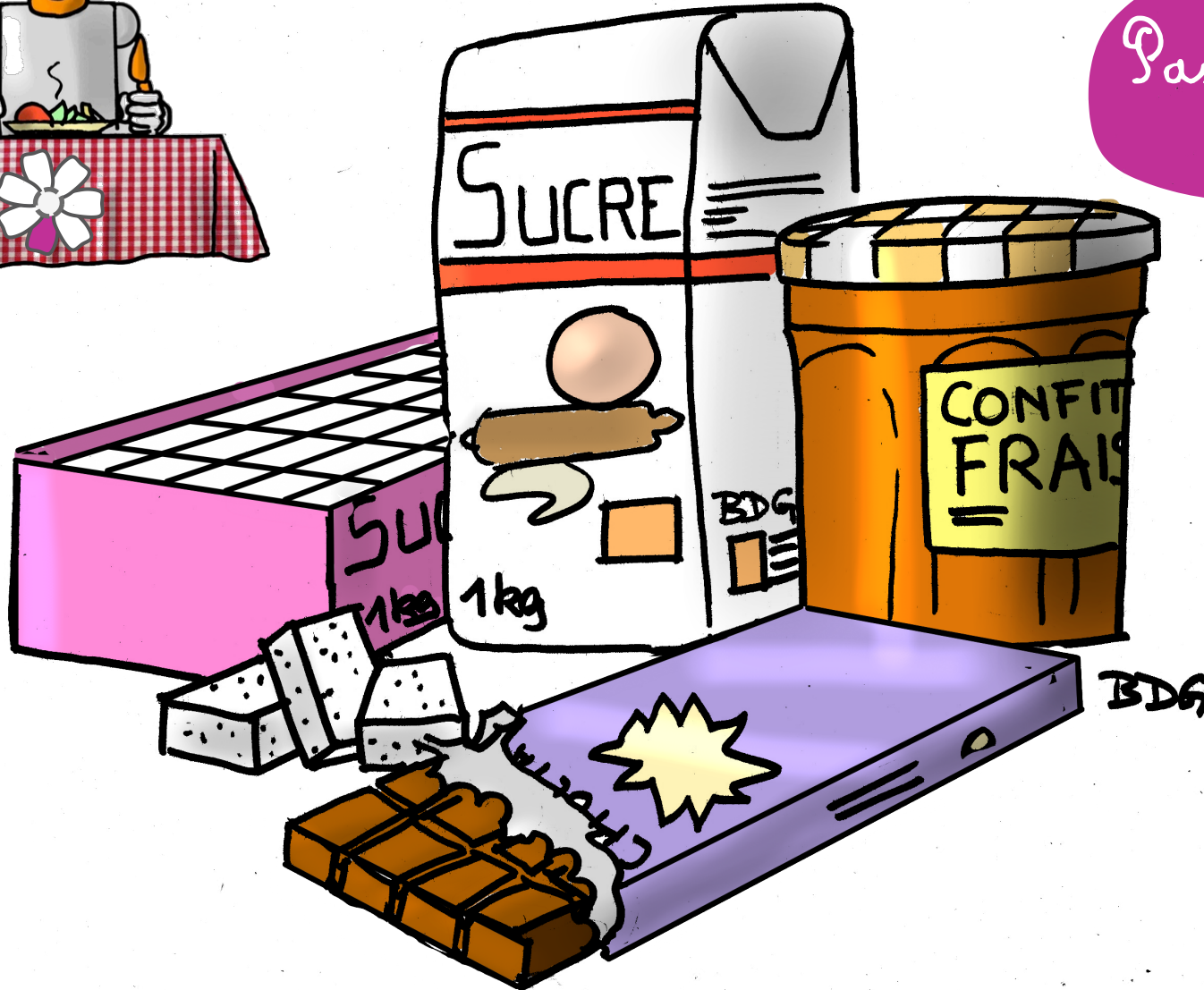
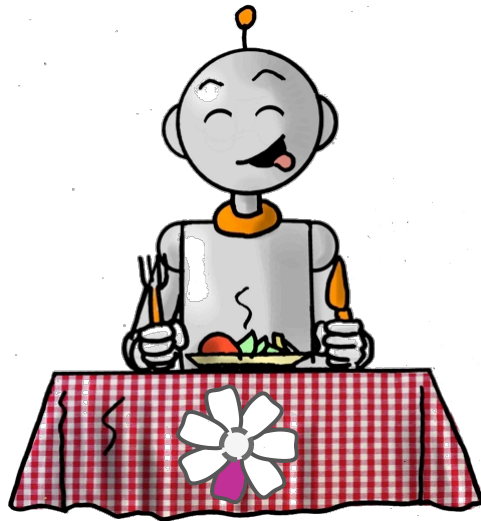
Pain, pâtes, riz, pommes de terre



À chaque repas

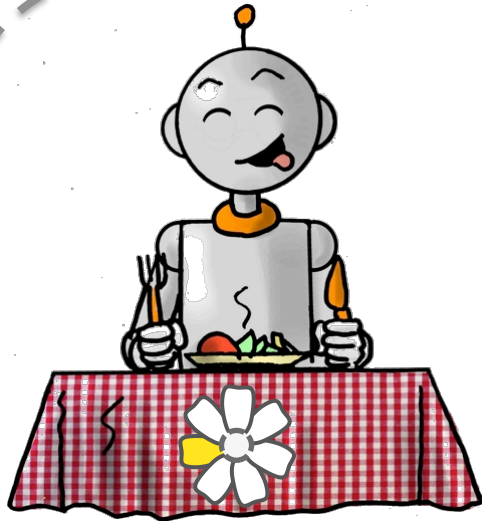


Produits sucrés

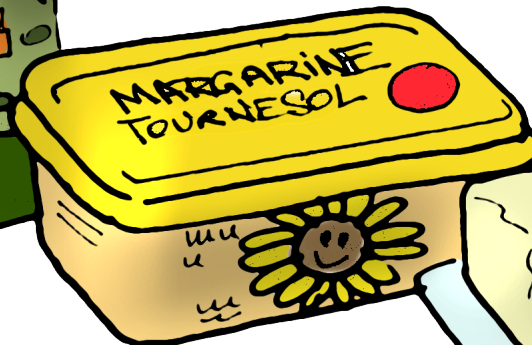
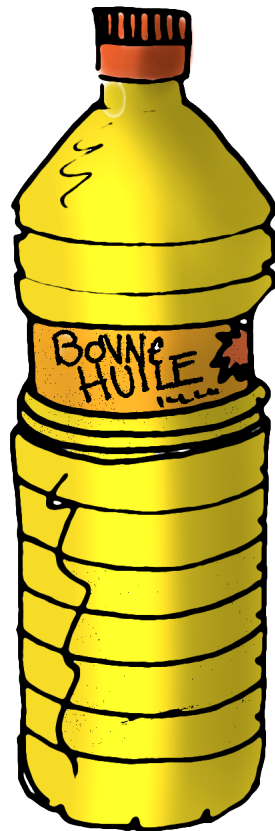


Pas nécessaire !

Matières grasses

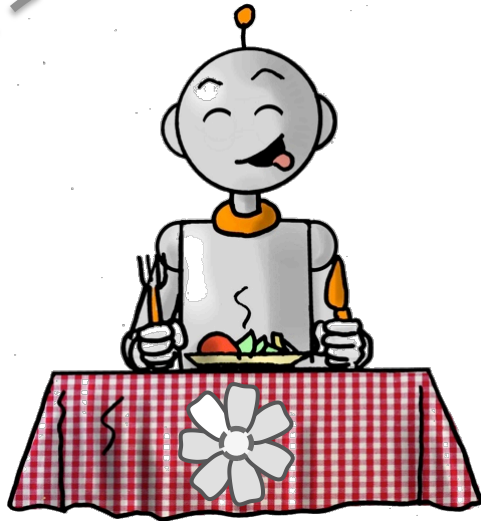


Un peu !



BDG

Boissons



1 litre et demi !

