Young man,-
there's no need to feel down.- I said young man,-
pick yourself off the ground.- I said young man,- 'cause you're in a new town there's-
no need to be unhappy.- Young man,- there's a place you can go.-
said young man,- when you're short on your dough you can stay there,-
and I'm sure you will find many ways to have a good time.-
It's fun to stay at the Y.M.C.A.- It's fun to stay at the Y.M.C.A.
They have ev'ry thing for you men to enjoy.- You can hang out with all the boys... It's fun to stay at the Y.M.C.A.- It's fun to stay at the Y.M.C.A.
You can get yourself cleaned.- You can have a good meal.-
You can do what ev'ry you feel... Young man,
are you listening to me? I said young man, what do you want to be? I said young man, you can make real your dreams. But you got to know this one thing! No man does it all by himself. I said young man,

put your pride on the shelf, and just go there, to the Y.-M.-C. A. I'm sure they can help you today. It's fun to stay at the Y.-M.-C. A.

c.-A. It's fun to stay at the Y.-M.-C. A. They have everything for you men to enjoy. You can hang out with all the boys... It's fun to stay at the Y.-M.-C. A. It's fun to stay at the Y.-M.-C. A.

You can get yourself cleaned. You can have a good meal. You can do whatever you feel...

Young man, I was once in your shoes. I said I was down and out with the blues. I felt no man cared if I were alive. I felt the whole world was so tight... That's when some one came up to me and...
It's fun to stay at the Y.-M.-C.-A. It's fun to stay at the Y.-M.-C.-A.

They have everything for you to enjoy. You can hang out with all the boys.

It's fun to stay at the Y.-M.-C.-A. It's fun to stay at the Y.-M.-C.-A.

You can get yourself cleaned. You can have a good meal.

You can do whatever you feel. Y.-M.-C.-A. You'll find it all at the Y.-M.-C.-A.

You can have a good meal. You can do whatever you feel.