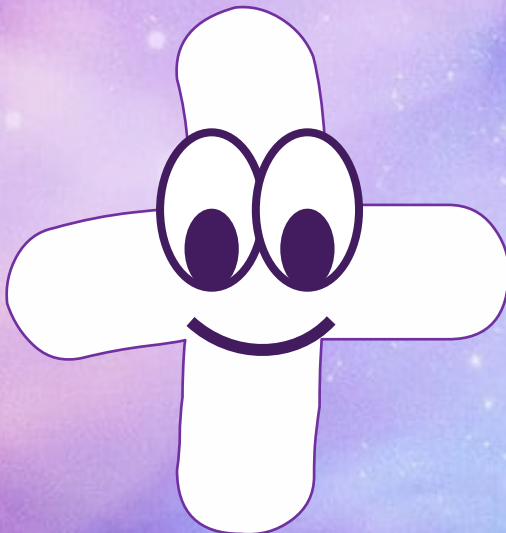


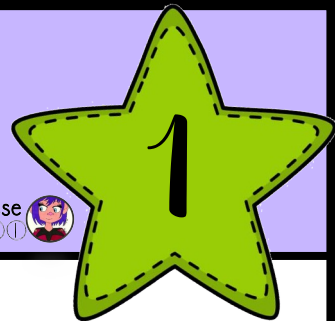


*Cahier*  
d'entraînement  
aux **additions**  
et  
**soustractions**  
jusque 100



U + U jusque 10

Maitresse 



$2 + 3 = \dots\dots$

$4 + 5 = \dots\dots$

$6 + 1 = \dots\dots$

$8 + 2 = \dots\dots$

$3 + 3 = \dots\dots$

$4 + 5 = \dots\dots$

$1 + 7 = \dots\dots$

$5 + 4 = \dots\dots$

$7 + 0 = \dots\dots$

$2 + 5 = \dots\dots$

$3 + 6 = \dots\dots$

$4 + 4 = \dots\dots$

$0 + 1 = \dots\dots$

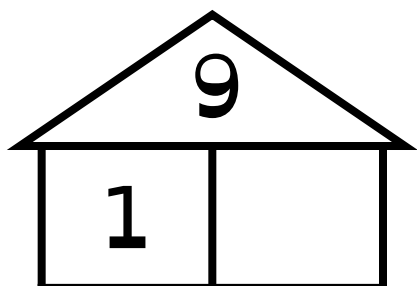
$9 + 1 = \dots\dots$

$3 + 4 = \dots\dots$

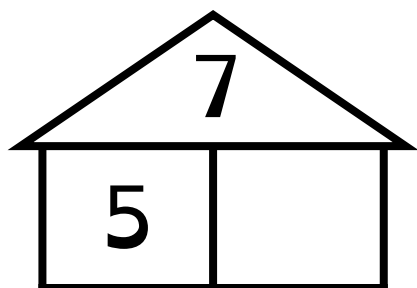
$2 + 7 = \dots\dots$



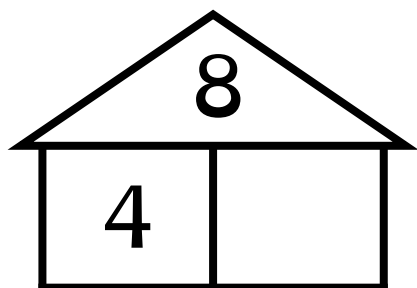
lacunaires  
jusque 10



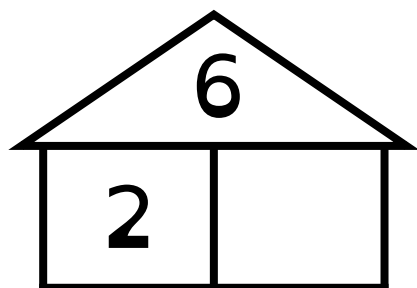
$$1 + \dots = 9$$



$$5 + \dots = 7$$



$$4 + \dots = 8$$



$$2 + \dots = 6$$



lacunaires  
jusque 10



$2 + \dots = 8$

$4 + \dots = 9$

$6 + \dots = 10$

$8 + \dots = 9$

$3 + \dots = 4$

$4 + \dots = 7$

$1 + \dots = 9$

$5 + \dots = 6$

$\dots + 0 = 7$

$\dots + 5 = 8$

$\dots + 6 = 9$

$\dots + 4 = 10$

$\dots + 1 = 5$

$\dots + 1 = 6$

$\dots + 4 = 7$

$\dots + 7 = 8$



jusque 10



$9 - 6 = \dots\dots$

$8 - 4 = \dots\dots$

$5 - 1 = \dots\dots$

$6 - 3 = \dots\dots$

$10 - 2 = \dots\dots$

$4 - 1 = \dots\dots$

$9 - 7 = \dots\dots$

$3 - 2 = \dots\dots$

$8 - 6 = \dots\dots$

$5 - 1 = \dots\dots$

$3 - 0 = \dots\dots$

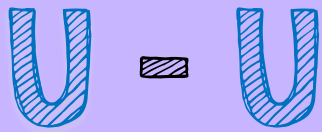
$0 - 0 = \dots\dots$

$2 - 1 = \dots\dots$

$7 - 5 = \dots\dots$

$1 - 1 = \dots\dots$

$10 - 6 = \dots\dots$

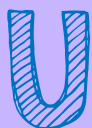


lacunaires  
jusque 10



$$\dots - 5 = 4$$

$$7 - \dots = 2$$



lacunaires  
jusque 10



$$\dots - 1 = 7$$

$$\dots - 6 = 3$$

$$\dots - 2 = 4$$

$$\dots - 3 = 5$$

$$\dots - 0 = 10$$

$$\dots - 4 = 6$$

$$\dots - 7 = 1$$

$$\dots - 8 = 0$$

$$5 - \dots = 4$$

$$9 - \dots = 1$$

$$4 - \dots = 0$$

$$10 - \dots = 3$$

$$1 - \dots = 1$$

$$6 - \dots = 5$$

$$7 - \dots = 2$$

$$2 - \dots = 0$$



mélangés  
jusque 10

Maitresse 



$$5 + 2 = \dots\dots$$

$$\dots\dots + 2 = 6$$

$$0 + \dots\dots = 7$$

$$9 - 4 = \dots\dots$$

$$\dots\dots - 3 = 5$$

$$3 - \dots\dots = 1$$

$$\dots\dots + 5 = 6$$

$$1 + 9 = \dots\dots$$

$$7 + \dots\dots = 10$$

$$5 - 5 = \dots\dots$$

$$\dots\dots + 1 = 6$$

$$4 - \dots\dots = 2$$

$$\dots\dots - 1 = 7$$

$$8 + 1 = \dots\dots$$

$$10 - 4 = \dots\dots$$

$$\dots\dots + 4 = 4$$





avec passage  
jusque 20



$7 + 9 =$  .....

$8 + 4 =$  .....

$6 + 6 =$  .....

$3 + 8 =$  .....

$5 + 7 =$  .....

$9 + 3 =$  .....



les doubles  
jusque 20



$5 + 5 = \dots\dots$

$9 + 9 = \dots\dots$

$2 + 2 = \dots\dots$

$1 + 1 = \dots\dots$

$3 + 3 = \dots\dots$

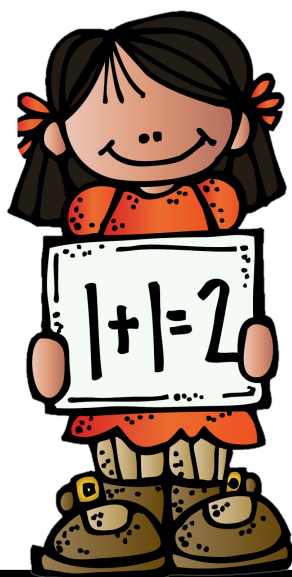
$4 + 4 = \dots\dots$

$6 + 6 = \dots\dots$

$7 + 7 = \dots\dots$

$8 + 8 = \dots\dots$

Apprends-les  
par cœur !



**D****+****D**

et

**D****-****D**

jusque 100

**10**

$20 + 30 = \dots\dots$

$40 + 50 = \dots\dots$

$60 + 10 = \dots\dots$

$40 + 40 = \dots\dots$

$10 + 70 = \dots\dots$

$60 + 30 = \dots\dots$

$90 + 10 = \dots\dots$

$20 + 50 = \dots\dots$

$80 - 20 = \dots\dots$

$90 - 10 = \dots\dots$

$20 - 10 = \dots\dots$

$70 - 50 = \dots\dots$

$40 - 20 = \dots\dots$

$20 - 20 = \dots\dots$

$60 - 30 = \dots\dots$

$80 - 60 = \dots\dots$

**D****D***lacunaires*  
jusque **100**

$..... + 20 = 90$

$..... + 10 = 80$

$..... + 30 = 50$

$..... + 70 = 100$

$..... + 40 = 80$

$..... + 50 = 70$

$..... + 80 = 100$

$..... + 10 = 30$

$50 + ..... = 60$

$20 + ..... = 20$

$40 + ..... = 50$

$30 + ..... = 80$

$60 + ..... = 70$

$70 + ..... = 100$

$100 + ..... = 100$

$10 + ..... = 90$

**D**

-

**D**lacunaires  
jusque 100

Maitresse



12

$$\dots - 20 = 70$$

$$30 - \dots = 30$$

$$\dots - 40 = 40$$

$$60 - \dots = 50$$

$$\dots - 50 = 10$$

$$80 - \dots = 30$$

$$\dots - 60 = 20$$

$$20 - \dots = 10$$

$$\dots - 80 = 10$$

$$90 - \dots = 40$$

$$\dots - 30 = 70$$

$$70 - \dots = 20$$

$$\dots - 30 = 70$$

$$100 - \dots = 70$$

$$\dots - 20 = 20$$

$$10 - \dots = 0$$

**D****+****D**

et

**D****-****D**mélangés  
jusque 10

13

$..... + 30 = 40$

$..... - 20 = 60$

$90 - 70 = .....$

$50 - ..... = 20$

$10 + ..... = 60$

$40 + 30 = .....$

$..... - 50 = 10$

$20 + 40 = .....$

$10 - ..... = 0$

$90 + 10 = .....$

$40 - ..... = 30$

$50 + ..... = 100$

$70 + 10 = .....$

$..... - 40 = 60$

$10 + 20 = .....$

$50 - 50 = .....$

DU

-

U

avec passage  
jusque 20



17 - 9 = .....

11 - 4 = .....

12 - 5 = .....

13 - 6 = .....

14 - 8 = .....

15 - 7 = .....

**D**

+

**U** / **U**

+

**D**

jusque 100

15

$60 + 6 = \dots\dots$

$7 + 20 = \dots\dots$

$30 + 5 = \dots\dots$

$2 + 90 = \dots\dots$

$50 + 8 = \dots\dots$

$4 + 70 = \dots\dots$

$10 + 3 = \dots\dots$

$1 + 80 = \dots\dots$

$40 + 2 = \dots\dots$

$6 + 90 = \dots\dots$

$20 + 2 = \dots\dots$

$5 + 40 = \dots\dots$

$60 + 3 = \dots\dots$

$9 + 40 = \dots\dots$

$80 + 7 = \dots\dots$

$4 + 40 = \dots\dots$



**D**

+

**U** / **U**

+

**D***lacunaires*  
jusque **100****16**

$50 + \dots = 57$

$\dots + 9 = 79$

$\dots + 60 = 63$

$7 + \dots = 37$

$80 + \dots = 82$

$5 + \dots = 45$

$\dots + 6 = 76$

$3 + \dots = 53$

$10 + \dots = 14$

$\dots + 5 = 35$

$\dots + 20 = 28$

$3 + \dots = 33$

$50 + \dots = 59$

$9 + \dots = 69$

$\dots + 10 = 11$

$2 + \dots = 62$

**D**

-

**U**jusque **100**

Maitresse

**17**

$20 - 5 = \dots\dots$

$60 - 9 = \dots\dots$

$30 - 7 = \dots\dots$

$90 - 1 = \dots\dots$

$40 - 6 = \dots\dots$

$50 - 8 = \dots\dots$

$70 - 4 = \dots\dots$

$80 - 3 = \dots\dots$

$90 - 2 = \dots\dots$

$50 - 6 = \dots\dots$

$20 - 7 = \dots\dots$

$60 - 5 = \dots\dots$

$80 - 8 = \dots\dots$

$30 - 3 = \dots\dots$

$40 - 1 = \dots\dots$

$70 - 9 = \dots\dots$

**D**

-

**U***lacunaires*  
jusque **100**

$70 - \dots = 69$

$40 - \dots = 39$

$20 - \dots = 13$

$50 - \dots = 46$

$\dots - 3 = 27$

$\dots - 8 = 72$

$\dots - 6 = 44$

$20 - \dots = 17$

$30 - \dots = 28$

$\dots - 5 = 25$

$90 - \dots = 81$

$\dots - 7 = 53$

$\dots - 8 = 62$

$80 - \dots = 74$

$60 - \dots = 53$

$90 - \dots = 83$

**D**

+

**U**

/

**D**

-

**U***mélangés*  
jusque **100****19**

$$\dots + 30 = 34$$

$$7 + 20 = \dots$$

$$80 - 3 = \dots$$

$$\dots - 5 = 95$$

$$\dots - 8 = 42$$

$$90 - 6 = \dots$$

$$40 + 2 = \dots$$

$$60 + \dots = 68$$

$$50 - \dots = 41$$

$$\dots - 1 = 69$$

$$30 - \dots = 23$$

$$4 + 20 = \dots$$

$$\dots + 8 = 18$$

$$40 - 6 = \dots$$

$$\dots - 5 = 35$$

$$70 - \dots = 62$$

DU



D/D



DU

jusque 100



$20 + 41 = \dots\dots$

$10 + 26 = \dots\dots$

$24 + 40 = \dots\dots$

$20 + 34 = \dots\dots$

$60 + 16 = \dots\dots$

$32 + 30 = \dots\dots$

$73 + 20 = \dots\dots$

$21 + 60 = \dots\dots$

$50 + 34 = \dots\dots$

$50 + 14 = \dots\dots$

$19 + 20 = \dots\dots$

$17 + 70 = \dots\dots$

$80 + 15 = \dots\dots$

$60 + 28 = \dots\dots$

$27 + 30 = \dots\dots$

$71 + 10 = \dots\dots$

**DU**

+

**D/D**

+

**DU***lacunaires*  
jusque 100**21**

$..... + 41 = 51$

$..... + 40 = 76$

$34 + ..... = 64$

$..... + 20 = 37$

$72 + ..... = 82$

$63 + ..... = 83$

$..... + 52 = 92$

$45 + ..... = 95$

$..... + 32 = 62$

$..... + 10 = 48$

$79 + ..... = 99$

$..... + 40 = 61$

$50 + ..... = 88$

$27 + ..... = 47$

$..... + 11 = 91$

$65 + ..... = 85$

**DU - D**

jusque 100

Maitresse 



$54 - 20 = \dots\dots$

$39 - 20 = \dots\dots$

$72 - 10 = \dots\dots$

$41 - 30 = \dots\dots$

$68 - 20 = \dots\dots$

$59 - 50 = \dots\dots$

$57 - 30 = \dots\dots$

$65 - 10 = \dots\dots$

$69 - 50 = \dots\dots$

$78 - 50 = \dots\dots$

$39 - 30 = \dots\dots$

$84 - 80 = \dots\dots$

$24 - 20 = \dots\dots$

$99 - 70 = \dots\dots$

$88 - 50 = \dots\dots$

$36 - 30 = \dots\dots$

**DU - D**

*lacunaires*  
jusque 100



$55 - \dots = 45$

$99 - \dots = 59$

$72 - \dots = 22$

$51 - \dots = 1$

$\dots - 30 = 35$

$\dots - 10 = 75$

$\dots - 20 = 13$

$\dots - 40 = 51$

$34 - \dots = 4$

$32 - \dots = 2$

$96 - \dots = 46$

$55 - \dots = 25$

$\dots - 20 = 11$

$\dots - 60 = 17$

$46 - \dots = 16$

$32 - \dots = 22$



**DU** + **D** / **DU** - **D**

mélangés  
jusque 100

24

$34 + 30 = \dots\dots$

$48 - 20 = \dots\dots$

$\dots\dots - 10 = 52$

$\dots\dots + 40 = 75$

$27 - 10 = \dots\dots$

$56 - \dots\dots = 6$

$\dots\dots + 40 = 84$

$57 + \dots\dots = 67$

$78 - \dots\dots = 48$

$\dots\dots - 30 = 6$

$25 + \dots\dots = 45$

$46 + 40 = \dots\dots$

$55 - 20 = \dots\dots$

$78 - \dots\dots = 8$

$59 - 20 = \dots\dots$

$71 + 10 = \dots\dots$

**DU** + **U/U** + **DU** jusque 100



$57 + 2 = \dots\dots$

$31 + 6 = \dots\dots$

$5 + 41 = \dots\dots$

$4 + 63 = \dots\dots$

$32 + 4 = \dots\dots$

$2 + 13 = \dots\dots$

$63 + 3 = \dots\dots$

$43 + 5 = \dots\dots$

$5 + 12 = \dots\dots$

$21 + 7 = \dots\dots$

$6 + 23 = \dots\dots$

$8 + 91 = \dots\dots$

$74 + 4 = \dots\dots$

$56 + 2 = \dots\dots$

$1 + 86 = \dots\dots$

$7 + 62 = \dots\dots$

DU + U/U + DU

lacunaires  
jusque 100



$$\dots + 6 = 97$$

$$5 + \dots = 48$$

$$\dots + 11 = 17$$

$$3 + \dots = 36$$

$$61 + \dots = 67$$

$$2 + \dots = 46$$

$$\dots + 12 = 19$$

$$8 + \dots = 49$$

$$\dots + 5 = 86$$

$$26 + \dots = 28$$

$$\dots + 11 = 17$$

$$7 + \dots = 58$$

$$61 + \dots = 67$$

$$5 + \dots = 78$$

$$\dots + 27 = 29$$

$$2 + \dots = 65$$

**D** **U** - **U**

jusque 100

Maitresse 

27

$45 - 1 = \dots\dots$

$13 - 2 = \dots\dots$

$99 - 3 = \dots\dots$

$29 - 8 = \dots\dots$

$86 - 5 = \dots\dots$

$47 - 6 = \dots\dots$

$27 - 2 = \dots\dots$

$89 - 1 = \dots\dots$

$39 - 9 = \dots\dots$

$36 - 6 = \dots\dots$

$48 - 8 = \dots\dots$

$18 - 8 = \dots\dots$

$55 - 4 = \dots\dots$

$65 - 4 = \dots\dots$

$67 - 6 = \dots\dots$

$54 - 2 = \dots\dots$

**DU - U**

*lacunaires*  
jusque 100



$$59 - \dots = 56$$

$$18 - \dots = 12$$

$$\dots - 3 = 44$$

$$\dots - 6 = 91$$

$$77 - \dots = 70$$

$$67 - \dots = 65$$

$$\dots - 4 = 35$$

$$\dots - 1 = 23$$

$$44 - \dots = 42$$

$$79 - \dots = 73$$

$$\dots - 1 = 24$$

$$\dots - 7 = 22$$

$$82 - \dots = 80$$

$$96 - \dots = 91$$

$$\dots - 5 = 31$$

$$\dots - 6 = 20$$

DU + U / DU - U

mélangés  
jusque 100



$$6 + \dots = 29$$

$$18 - 5 = \dots$$

$$\dots - 2 = 54$$

$$54 - \dots = 51$$

$$44 - \dots = 43$$

$$\dots + 3 = 75$$

$$\dots + 5 = 68$$

$$8 + \dots = 29$$

$$37 - 6 = \dots$$

$$3 + \dots = 49$$

$$65 - \dots = 60$$

$$\dots - 1 = 67$$

$$\dots + 7 = 98$$

$$32 - \dots = 30$$

$$11 + \dots = 16$$

$$\dots + 7 = 88$$

**DU**





**U**

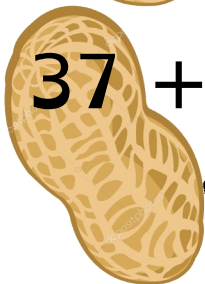
avec passage

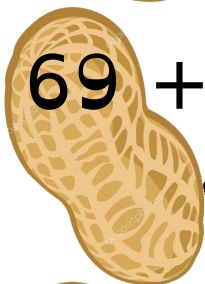
jusque 100



**57** + **8** = .....  


**26** + **7** = .....  


**37** + **6** = .....  


**69** + **9** = .....  


**78** + **4** = .....  


**45** + **8** = .....  


DU

-

U

avec passage  
jusque 100



51 - 9 = .....

11 - 4 = .....

24 - 6 = .....

71 - 5 = .....

84 - 7 = .....

32 - 8 = .....



**DU** + **U** / **DU** - **U**  
avec passage

mélangés  
jusque 100



$47 + 9 = \dots\dots$

$66 + 7 = \dots\dots$

$56 - 8 = \dots\dots$

$84 - 6 = \dots\dots$

$35 + 7 = \dots\dots$

$17 + 9 = \dots\dots$

$12 - 6 = \dots\dots$

$73 - 5 = \dots\dots$

$74 - 5 = \dots\dots$

$41 - 9 = \dots\dots$

$21 - 8 = \dots\dots$

$32 - 4 = \dots\dots$

$29 + 3 = \dots\dots$

$55 + 7 = \dots\dots$

$92 - 4 = \dots\dots$

$11 - 6 = \dots\dots$

DU



DU

jusque 100



$27 + 31 = \dots\dots\dots$

$45 + 13 = \dots\dots\dots$

$52 + 34 = \dots\dots\dots$

$77 + 22 = \dots\dots\dots$

$85 + 14 = \dots\dots\dots$

$12 + 46 = \dots\dots\dots$

$28 + 51 = \dots\dots\dots$

**DU** - **DU** jusque 100



68 - 24 = .....

76 - 32 = .....

99 - 45 = .....

85 - 31 = .....

53 - 22 = .....

29 - 12 = .....

35 - 34 = .....

**DU** + **DU** / **DU** - **DU** *mélangés*  
jusque 100

35

$45 + 23 = \dots\dots$

$32 + 14 = \dots\dots$

$57 - 42 = \dots\dots$

$76 - 13 = \dots\dots$

$61 + 27 = \dots\dots$

$28 + 31 = \dots\dots$

$89 - 46 = \dots\dots$

$25 + 43 = \dots\dots$

$16 + 53 = \dots\dots$

$83 + 12 = \dots\dots$

$96 - 41 = \dots\dots$

$65 - 54 = \dots\dots$

$42 + 25 = \dots\dots$

$26 + 32 = \dots\dots$

$99 - 36 = \dots\dots$

$77 + 22 = \dots\dots$

DU



DU

avec passage  
jusque 100



$$77 + 14 = (\dots + \dots) + \dots = \dots$$

$$62 + 29 = \dots$$

$$24 + 37 = \dots$$

$$48 + 28 = \dots$$

$$53 + 19 = \dots$$

$$34 + 59 = \dots$$

DU - DU

avec passage  
jusque 100



$$64 - 18 = (\dots - \dots) - \dots = \dots$$

$$52 - 37 = \dots$$

$$81 - 63 = \dots$$

$$33 - 28 = \dots$$

$$27 - 19 = \dots$$

$$54 - 25 = \dots$$

**DU** + **DU** / **DU** - **DU** jusque 100  
avec passage



$39 + 24 = \dots\dots$

$52 - 23 = \dots\dots$

$43 + 38 = \dots\dots$

$61 - 44 = \dots\dots$

$25 + 27 = \dots\dots$

$73 - 55 = \dots\dots$

$69 + 15 = \dots\dots$

$84 - 27 = \dots\dots$

$12 + 79 = \dots\dots$

$96 - 38 = \dots\dots$

$54 + 38 = \dots\dots$

$25 - 18 = \dots\dots$

$66 + 16 = \dots\dots$

$37 - 29 = \dots\dots$

$29 + 29 = \dots\dots$

$53 - 46 = \dots\dots$



*Cahier d'entraînement  
créé et mis en page par*

**Maitresse**   
P r o f i t r o l l