

NEWS OF THE YUNUS EMRE FARM

Last spring, the programs

Shankaprakshalana : with our courageous yoginis, purification practices of the body where we drink quite a lot of mild salted water and perform specific postures...



It works !

Kids Yoga Camp with ICCA' children

Thanks to Mary, Tim and Ogun, from International Community College of Antalya



Morning HathaYoga , evening meditation, with Isabelle



In Kremna, historical village , with Mary, Tim, Ogun



All together with Gayatri mantra, the Yantra



Yantra (geométrical shape) completed by the children and Tim, using rose petals and other herbs, while Isabelle was chanting Gayatri mantra.



Bye bye !!!! Come back soon!!!

Summer works...

With Alim and his friends, cutting of the huge triple pine tree... a huge work carried out by Alim and friends, requiring enormous dexterity and agility so that none of the plants or constructions around receive any damage... Congratulations Alim and huge thanks ! You are a real acrobat !



Alim climbs up the trees, cut the big branches one by one, then let them descend with ropes and the help of the friends on the ground. Artist !

Chardak ! Lovely pergola – again by Alim and friends



The « chardak » is realised by trunks which survived the fire :o)
Alim and friends will cut branches from the big oat and cover the chardak with them.
That's it ! We have a shady shelter for summer..



Gardens ... a Lot to do to help the plants cope with the heat... plenty of water , hoeing, and a LoT of LOVE !



Wisteria... totally blossoming !



Artichoke giving fruit in the middle of August !!



Very tasty and incredibly resembling to a ... LOTUS ! Just like this gorgeous Rose -Lotus !!



Banane tree.... Eucalyptus ... Mulberry tree all seem to really open up despite the huge heat...:o)))

What about the roses ?... and those tiny Heart shape rose leaves ???



And these are the next harvests...
First grape in Yunus Emre farm ! Figs start, and...



FIG harvest took a quantum loop with Isabelle another acrobat !



Thank you SO much for your joy smiles and ... agility !!

Works in my house, lots of final touches inside... tile seals, bath room, pipes, walls, isolation of the windows and doors... more lime on the wall.. and with a good oven, we shall be ready for winter !



Nice floor



Beautiful table

I never forget that it is THANKS TO YOU that i have this house !



Writing of the book continues ... reading, reading again, correcting, and searching for editor..
Title ? « Ventures of a yogini pilote around the planet, or a thirsty quest for Truth » Of course it is in French !
Yet i am also searching for an artist to draw the cover...



NEWS OF YOGA STUDYO ANTALYA

Esin, Atmavidya visited us in June, gave powerful and efficient massages to some lucky girls. She studied in Thailand and practices Thai massage as well as Reiki and other techniques. With great sensitivity, soft strength and inner poise, she is a real expert with whom having a massage is a real gift.
She might come again in Septembre before she leave to the East ... Be ready if you wish to receive a massage !



Gülhan, Yamuna, young architect and yoga teacher, started to give yoga classes in Yoga Studyo Antalya. She teaches Sivananda yoga, and vinyasa, in Turkish, and occasionally in English.



Isabelle, Yogapushpa, of course continues Satananda yoga classes 2 to 3 days a week, and gives once a month the Sunday Yoga program. Next scheduled is on 21 septembre. The occasion to celebrate autumn équinexe and... Yoga Studyo Antalya's first birth day !:O))



Other programs may take place in Yoga Studyo Antalya ... let's see...

Yoga Studyo Antalya's boutique

offers now:

+ **Bihar School of Yoga's** almost all **books** – in english-
other books on **Yoga, in Turkish** thanks to Istanbul Yoga Merkezi and Ayça

list and all details may be found in this link

<http://ekldata.com/yunusemrefarmyogastudyoantalya.eklablog.com/perso/BUTIK-/YOGA-BOOKS-COL-price-list-08-2014.pdf>



+Yunus Emre farm's products :

Orange marmelade, apple jam with lemon, dried tomatoes, and soon the farm's figs... hummmm...



+ coming soon **Yoga Nidra** CDs different levels, in English, French, and maybe Turkish...



Prévisions, plans...

Soon coming for the farm :

2 september next audience.

We hope to have answers related to our participation in the close by suit opened by the government against the incendiaries, and also to a possible re assessment of the expertise. Let's hope and see...

The financial situation of the farm :

Thanks to the selling-trusting of the Moon garden to our lawyer and benefactor, the situation is far better than last year at the same period. We can face all expenses of the day to day life, taxes, transportation... and as you saw we could even have the big pine tree cut and the chardak made. Yet it is impossible to think of any big construction like the common house, or other basic accommodation, although it is very needed ! I just hope to be able to cover Saraswati tent before winter...

So only the minimum...

As for the **Yoga Studyo Antalya**, the balance still is positive, incomes just balancing with all expenses, even if we take into account investments and the quiet period of summer...

So it will take time to rebuild the farm...

But i keep trusting Life.

Everything happens at the right moment.



Huge thanks to...

my parents for the new computer

Hakan who will heal my teeth

Ali who lend us a generator

Angélique, Seval, Kirsten for the beautiful and useful furniture and home stuff,

Esin for having ordered and send BYB books from India

Mary and Tim for having organised the yoga kids camp with the children

Simon Samadhi for having offered « Journey of a Soul » his wonderful movie

Elisabeth to whom we continuously send healing vibration and wish full recovery,

Atmatattwa, Atmavidya, Jean-Claude, Marie-Laure, Charlotte, my parents, Isabelle for their generous donations which continue to help and support the farm

all of you who buy the farm's products, and articles of the Yoga Studyo's boutique :o)))

ALL of YOU who continue to help support encourage me and the farm

Thanks to YOU the farm continues

Talk again soon in Autumn !

Om shanti

Isabelle



if you wish to give, help, support, it is always possible ...

follow this link in the « RENAISSANCE » website of the farm

<http://yunusemrefarmrenaissance.eklablog.com/how-to-participate-to-the-renaissance-c20970161>