



## **Wasted**

Choreographed by Leanne Nahrgang, Owen Sound, Ont. March 2007

Music: Wasted by Carrie Underwood, 95 bpm

4 wall, beginner/ intermediate dance, 1 restart

### **Walk fwd, Shuffle, Rock, ½ turn, Shuffle**

- 1-2 Walk forward right, left,
- 3&4 Shuffle forward right, left, right
- 5-6 Rock forward on left, back on right,
- 7&8 ½ turn left, shuffle left, right, left

### **Walk fwd, Shuffle, Rock, ½ turn, Shuffle**

- 9-10 Walk forward right, left,
- 11&12 Shuffle forward right, left, right
- 13-14 Rock forward on left, back on right,
- 15&16 ½ turn left, shuffle left, right left

### **Right vine, Shuffle, Cross left, Right, Rock Back left, Fwd Right**

- 17-18 Step right, left behind,
- 19&20 Side shuffle, right, left, right
- 21-22 Cross left over right, step right,
- 23-24 Rock back left behind right, rock forward on right

### **Left vine, Shuffle, Jazz box, ¼ turn Right**

- 25-26 Step left, right behind,
- 27&28 Side shuffle, left, right, left
- 29-30 Cross right over left, step back on left, making ¼ turn right
- 31-32 Step forward right, left

Repeat

Restart: At end of wall 7, facing 9:00 o'clock, repeat last 16 counts, bringing you to 12:00 o'clock wall, then dance to end of the music