



2018 INAS World Indoor Athletics Championships

28th February – 5th March 2018

Val-de-Reuil, Normandie,
France



CNDS
CENTRE NATIONAL
POUR LE
DÉVELOPPEMENT
DU SPORT



INVITATION TO
2018 INAS World Indoor Athletics Championships
Val-de-Reuil – France
28th February to 5th March 2018

Paris, France,

Dear sports friends,

The Organising Committee supported by FFSA, the French Federation of Adapted Sport and INAS, the International Sports Federation for Persons with Intellectual Impairment, have the pleasure to invite you to the **2018 INAS World Indoor Athletics Championships** that will take place in Val-de-Reuil, France, from Wednesday 28th February to Monday 5th March.

This competition will benefit from qualitative officials and judges to ensure the quality and sporting validity of the championships.

Below in this file, you will see all information about this event. Further information will be sent to the participating countries in the next months.

We intend to propose an excellence sportive championship, a human encounter between athletes in respect of the rules and fair play.

We hope you will appreciate the hospitality of our country, and hope to see you all at the end of February in Val-de-Reuil – France.

Yours sincerely,

Marc TRUFFAUT
FFSA & INAS President



1st Information

1. Organisation

FFSA, French Federation for Adapted Sport.

2. Status – Sanctioned by

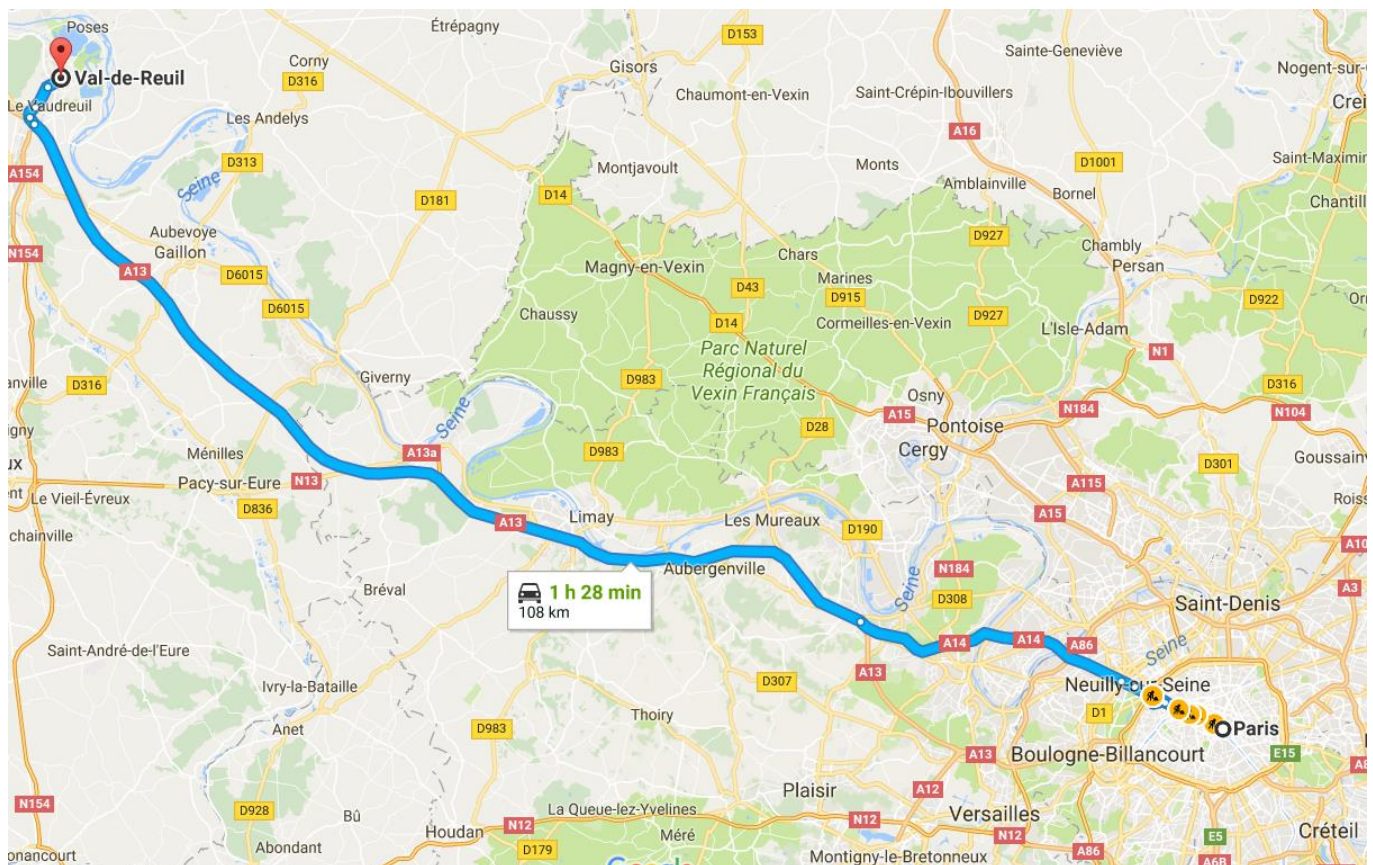
INAS – International Federation for Intellectual Impairment Sport.

3. Dates

Wednesday 28th February to Monday 5th March 2018.

4. Venue map

The city of Val-de-Reuil, in Normandy region, is located about 108 km north-west from the centre of Paris.



5. Transport information

Travel by plane



- **To Paris-Orly Airport (ORY):**
⇒ Organisers will provide a car/bus to Val-de-Reuil (about 1h30 travel);
- **To Paris – Charles-de-Gaulle Airport (CDG):**
⇒ Organisers will provide a car/bus to Val-de-Reuil (about 1h30 travel);
- **To Rouen Airport (URO) by Lyon Airport (LYS) 1h15 travel by plane:**
⇒ Organisers will provide a car/bus to Val-de-Reuil (about 30 min travel).

Travel by train



- **From Paris – Saint-Lazare Station:** 1h07 to 1h20 travel to Val-de-Reuil by SNCF (French train society)
⇒ Organisers will provide a car/bus from Val-de-Reuil's train station to the meeting point.

For departures on the Monday 5th March, organisers will provide transport to airports and train stations.

6. Accommodation

The accommodation is planned in different hotels at Val-de-Reuil. Single (one big bed) and twin (two separated beds) rooms will be available. If needed, organisers will provide transfers every day, one at morning and one at the end of the competition day.

7. Meals

All lunches and dinners will take place in a gymnasium very close to the competition facility. The first meal will be dinner on the 28th February and the last will be breakfast on Monday 5th March.

8. Provisional program

Wednesday 28 th February 2018	Arrival of delegations, accreditation
Thursday 1 st March 2018	Training, technical meeting
Friday 2 nd March 2018	Opening ceremony, competition day
Saturday 3 rd March 2018	Competition day
Sunday 4 th March 2018	Competition day, closing ceremony, gala dinner
Monday 5 th March 2018	Departure of delegations

9. Competition facility

The competition facility is the Jesse Owens Stadium of Val-de-Reuil. It has 4 changing rooms for teams, 1 anti-doping room, 1 medical room, 1 call room, 1 warm-up and warm down room, 1 official/VIP room and 1 technical/computer zone.



10. Sport rules and regulations

According to the rules of INAS, the competition is opened to the following INAS' categories:

- II1 – athletes with intellectual impairment
- II2 – trial group for athletes with a more significant intellectual impairment – e.g. Down Syndrome
- II3 – athletes with high-functioning autism.

11. Medical service

There will be a permanent medical service present during each day of competition.

12. Accreditations

Eligibility of athletes: all participants should be eligible, registered within INAS Master List no later than the final entry deadline.

Accreditations will be issued to each athlete after she/he personally has shown her/his passport to the INAS officer. All staff members will also receive accreditations.

13. Minimum standards

Event	Men	Women
60m	7.90	9.90
200m	25.60	32.60
400m	57.40	75.70
800m	2:21.50	2:54.50
1.500m	4:38.00	6:00.00
3.000m	10:00.00	12:00.00
60m Hurdles (0.91)	Open	...
60m Hurdles (0.84)	...	Open
3.000m Walk Race	Open	Open
High Jump	1.40m	1.15m
Long Jump	4.96m	3.75m
Triple Jump	10.00 m	Open
Pole Vault	Open	----
Shot Put	8.80m	6.60m
4 x 200m Relay	1 team per country	1 team per country
4 x 400m Relay	1 team per country	1 team per country
Pentathlon	Open	Open

Regarding II2 and II3 categories, the following events are OPEN: 60m, 200m, 400m, 800m, 1500m Walk Race, 4x200m Relay, Long Jump and Shot Put (4kg men/3kg women). Triathlon (60m, long jump and shot put) is also OPEN for the II2 category.

14. Provisional competition schedule**Friday, March 2nd****10:00 OPENING CEREMONY**

- 11:00 60m hurdles pentathlon Men II1
- 11:15 60m hurdles pentathlon Women II1
- 11:30 60m triathlon Men II2
- 60m triathlon Women II2
- 11:45 High jump pentathlon Women II1
- Long jump pentathlon Men II1
- 12:15 60m (heat) Women II1
- 12:45 60m (heat) Men II1
- 12:45 Triple jump final Women II1
- 13:00 Shot put pentathlon Women II1
- Shot put pentathlon Men II1
- Shot put triathlon Men II2
- Shot put triathlon Women II2
- 13:30 Triple jump final Men II1
- 13:45 1500m final Women II1
- 14:00 Long jump pentathlon Women II1
- High jump pentathlon Men II1

14:15 Awards ceremony

14:45 400m (heat) Women II1

15:00 Long jump triathlon Men II2

Long jump triathlon Women II2

15:10 400m (heat) Men II1

15:30 400m final Women II2

400m final Men II2

15:50 800m pentathlon Women II1

16:10 1000m pentathlon Men II1

17:00 4x200m (heat) Women II1

17:15 4x200m (heat) Men II1

17:30 Awards ceremony

Saturday, March 03th

10:00 Pole vault final Men II1

10:00 60m heat (or final) Men II2

60 m heat (or final) Women II2

10:15 60 m semi-final hurdles Men II1

10:30 60 m semi-final hurdles Women II1

10:50 1500m Final Men II1

11:00 3000m Final Women II1

11:00 Shot put final Women II1

11:20 60m semi-final Women II1

11:35 60m semi-final Men II1

11:40 Long jump final Women II1

11:45 Shot put final Men II2

Shot put final Women II2

12:00 400m final Women II1

12:10 400m final Men II1

12:20 60m hurdles final Men II1

12:30 60m hurdles final Women II1

12:40 Shot put final Men II1

12:45 Awards ceremony

13:00 1500m walk final Men II2

1500m walk final Women II2

13:30 Long jump final Men II1

13:30 800m semi-final Women II1

13:50 800m semi-final Men II1

14:00 60 m final Men II2

60 m final Women II2

14:10 60m final Women II1

14:20 60m final Men II1

14:30 Long jump final Men II2

Long jump final Women II2

14:20 Awards ceremony

14:50 4x200m final Women II1

15:00 4x200m final Men II1

15:10 4x200m final Men II2

4x200m final Women II2

15:20 3000m walk final Men II1

3000m walk final Women II1

15:50 4x400m semi-final Women II1

16:00 4x400 m semi-final Men II1

16:15 Awards ceremony

Sunday, March 04th

10:00 High jump final Women II1

10:00 200m semi-final Women II1

10:20 200m semi-final Men II1

10:30 200m (final time) Women II2

10:40 200m (final time) Men II2

11:00 3000m final Men II1

11:00 High jump final Men II1

11:25 800m final Women II1

11:35 800m final Men II1

11:45 800m final Men II2

800m final Women II2

12:10 Awards ceremony

12:30 200m final Women II1

12:40 200m final Men II1

12:50 Awards ceremony

13:20 4x400m final Women II1

13:35 4x400m final Men II1

13:50 Awards ceremony

14:15 Closing ceremony

15. Team Competition

According to the INAS guidelines and in order to encourage nations to participate, the Championships will have both individual and team competition per gender (male and female). In the Team Competition each competing nation is allowed one (1) athlete only per event (the best classified in the individual competition).

Only nations with a minimum of 3 participating athletes per gender are eligible to participate in the Team Competition of this gender (male or female).

NOTE: Please note that only athletes in the II1 category are eligible for team competition.

The classification system for Team Competition is:

- n points for 1st classified;
- n-1 points for 2nd classified;
- n-2 points for 3rd classified, and so on for the other places, where (n) is the number of nations eligible for participation in the Team Competition per gender.

Example: Male Competition, 12 participating countries.

- 1st 12 points
- 2nd 11 points
- 3rd 10 points
- ...
- 12th 1 point

16. Language

English is the official INAS events language. All materials and information will be available in English.

17. Ceremony items

Please bring 3 National Flags and a short version (less than 1:20 minutes) of the National Anthem on CD or USB key (you can also send the anthem by mail in MP3 format before the competition).

18. Entry fee

The price per person for the whole stay (including accommodation, meals, transport, INAS capitulation tax) for this championships is **637 EUROS**.

Single rooms will have an extra of 30 EUROS per day.

19. Payment formalities

15th January 2017	30% must be paid at the latest with the entry by numbers form
26th January 2017	40% must be paid at the latest with the entry by names and event form
15th February 2017	30% must be paid to complete the payment

Bank details

BANK AND ADDRESS	Société Générale Paris XV, 64 rue de Javel, 75739 Paris, France
BENEFICIARY AND ADDRESS	FFSA, 3 rue Cépré, 75015 Paris, France
BANK CODE	30003
SORT CODE	03085
ACCOUNT NUMBER	00037290794
BANK KEY	86
IBAN	FR76 30003 03085 00037290794 86
BIC	SOGEFRPP
SPECIFICATION	INAS World Indoor Athletics + name of your country


You are responsible for paying all bank charges/transfer fees.


20. Entry process

Entries are subject to the INAS entry terms and conditions and may only be made through the ISMS:

<https://inas.sport80.com/>

21. Local Organising Committee contacts

<p><u>Logistics organisation:</u></p> <p><i>Pascale TILAGONE</i> +33 1 42 73 90 11 +33 6 07 28 41 19 inasindoor2018@ffsa.asso.fr</p>	
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<p><u>Sports organisation:</u></p> <p><i>Jeremy RABU</i> +33 1 42 73 90 16 +33 7 82 74 47 56 inasindoor2018@ffsa.asso.fr</p>	
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