

A « DEV-DAY » OR NOT?



"Some days are just, well, just... overwhelming.

It seems like it comes in waves- from dreams to thoughts.

I wish I could figure it all out- what makes some days a dev day and others not."

"I think it's completely random. One minute nothing, then I'll stumble across something that sets it off, and I'll be obsessing for weeks."

"Same here. I go weeks without a dev thought and then all of a sudden it gets out

of control, like lately it's all I think about."

"Me, too. A whole lot of nothing and then something (or someone!) will trigger it and I'm obsessed for a bit. Like right now, posting to this board every day. Actually wondering whether it's linked to my menstrual cycles somehow."

"I am the exact same way. I can go YEARS barely thinking about it and then - wham - I am obsessed for weeks, months. Odd"

"I agree with this as well. It's always there. I always have the attraction, but I can go a long time without thinking about it, then all of a sudden I will obsess. I feel like I'm obsessing a little bit less now that I've admitted my dev feelings."

"For me it's both completely random and also very much tied to my menstrual cycle.

I may get triggered at any time and spin off into a bit of a dev-ed up frenzy, but I also find that around the time of my period I feel a bit more frisky in general, and as a result... extra dev-y.

Sometimes it does get overwhelming. Sometimes there are lows. A lot of the time it's somewhere in between. But I definitely cannot relate to barely thinking about it for *years*. Yes, faith... some days... I hear ya. I really do."

"Someday the feeling is strong and other it is not. When it's bad it's bad tho. You can only take one day at a time. Cold shower helps lol!"

My opinion: I personally do not feel a minute go from one extreme to another. In general, it is first thing in the morning I can tell how my brain will or not be directed by thoughts of devotee. Often I did not realize that I am a devotee. I live normally, and this is when a man in a wheelchair crosses me I realize it does not leave me indifferent. But the fact of the cross is not going to suddenly immerse myself in hot ideas. For cons, the mornings when I get up there with these thoughts are often a sign of a long day. Firstly because the majority of my brain is obsessed with these ideas and I have a hard time thinking of something else, because then I have to force myself to live "like the others", continue to talk with them although I wish I could close in my bubble. Often these days I'm going to bed earlier to get my moment of solitude and enjoy my way.

Sources: <http://paradevo.proboards.com/index.cgi?board=devs&action=display&thread=1421>

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