

A VERY SPECIAL ASSIGNMENT

AZUZ: Of course, it's hard to imagine what your life will be like 20 years from now. But the teams you are now following, the shows you're watching. Maybe even a new story you've seen, we'll all be part of your history in 2034. What would you tell your future self in a letter? A teacher in Canada is making sure his students get a look back at themselves from themselves.

(BEGIN VIDEOTAPE)

UNIDENTIFIED FEMALE: Last week, a trip to the mail box was a trip back in time for Scott Fulton. Back to 1994 when he wrote a letter to his future self.

SCOTT FULTON: November 30, 1994. Dear Scott - myself. Hey, how are you? I'm fine. Do you remember why are you getting this letter?

UNIDENTIFIED FEMALE: It was an assignment from his grade nine English teacher Bruce Farrow.

UNIDENTIFIED MALE: This one I wasn't allowed to read. Confidential.

UNIDENTIFIED FEMALE: He started it back in 1961. The assignment - write a ten page letter to your future self.

BRUCE FARRER, RETIRED TEACHER: The motivation to write it - look at where you are going and decide OK, what is it I want to do with myself? And so, they would write about where they wanted to end up. Then, 20 years later, Farrer tracks down his former students. Over the years, he's mailed out more than 1000 letters. Fulton is humbled by Mr. Farrer's dedication and the expectations of his 14-year old self.

FULTON: So, anyway, are you married? To whom? I've always wondered if would get married to someone that I already know or someone I'll meet later on in life. Not married.

So, I'm assuming you have some children right now? No.

FULTON: Did you find anything really surprising in your life, that you .

UNIDENTIFIED FEMALE: On this day, teacher and student reunite. And even though Fulton didn't imagine it, he is now a teacher, too. And he just gave this same assignment to his students.

FULTON: Yeah, I have no regrets on my life so far for my vantage point, and if I was to, you know, talk to my 14-year old self, I think - I think we'd high five one another.

FARRER: Gwen - Oh, I remember, her.

UNIDENTIFIED FEMALE: As for Mr. Farrer, he's been retired for 12 years, but he's still fulfilling his promise. And that's not an easy assignment.

UNIDENTIFIED MALE: 20-26. That's when he'll mail his last letter.