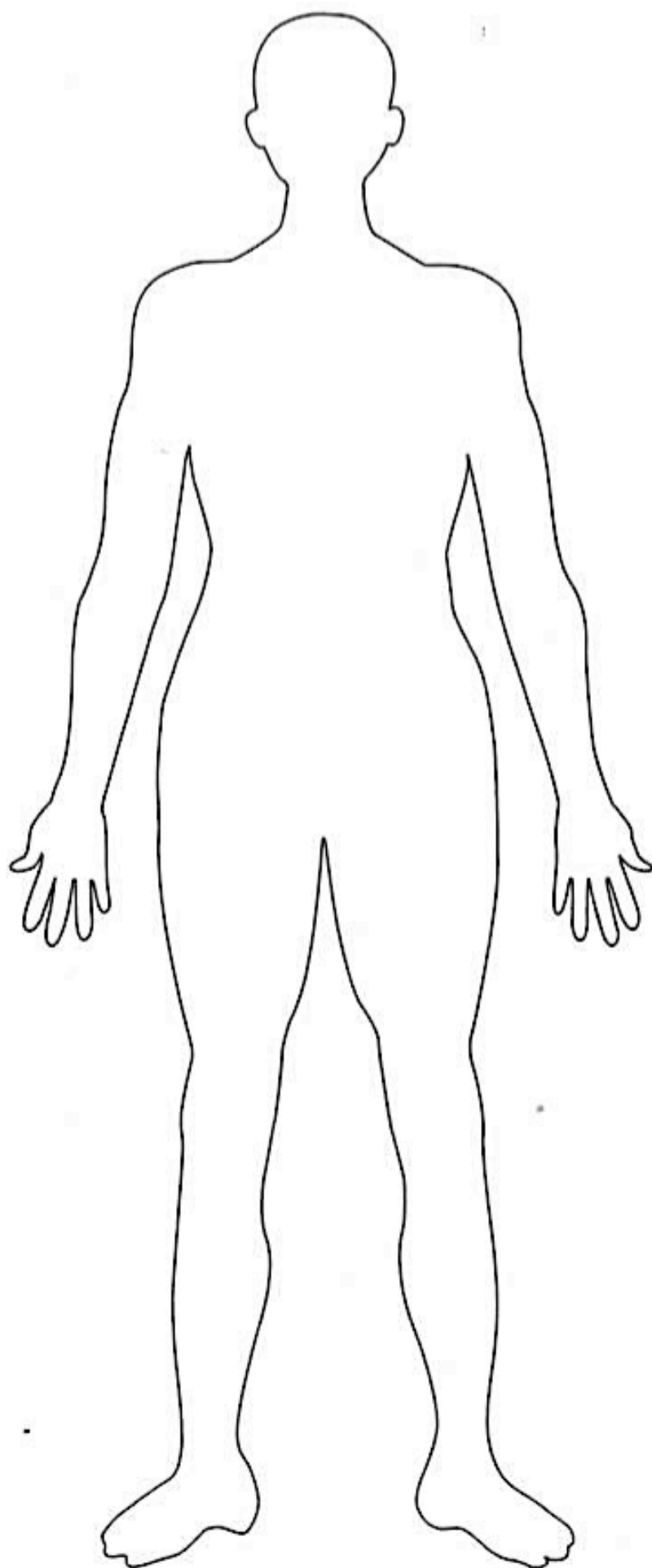
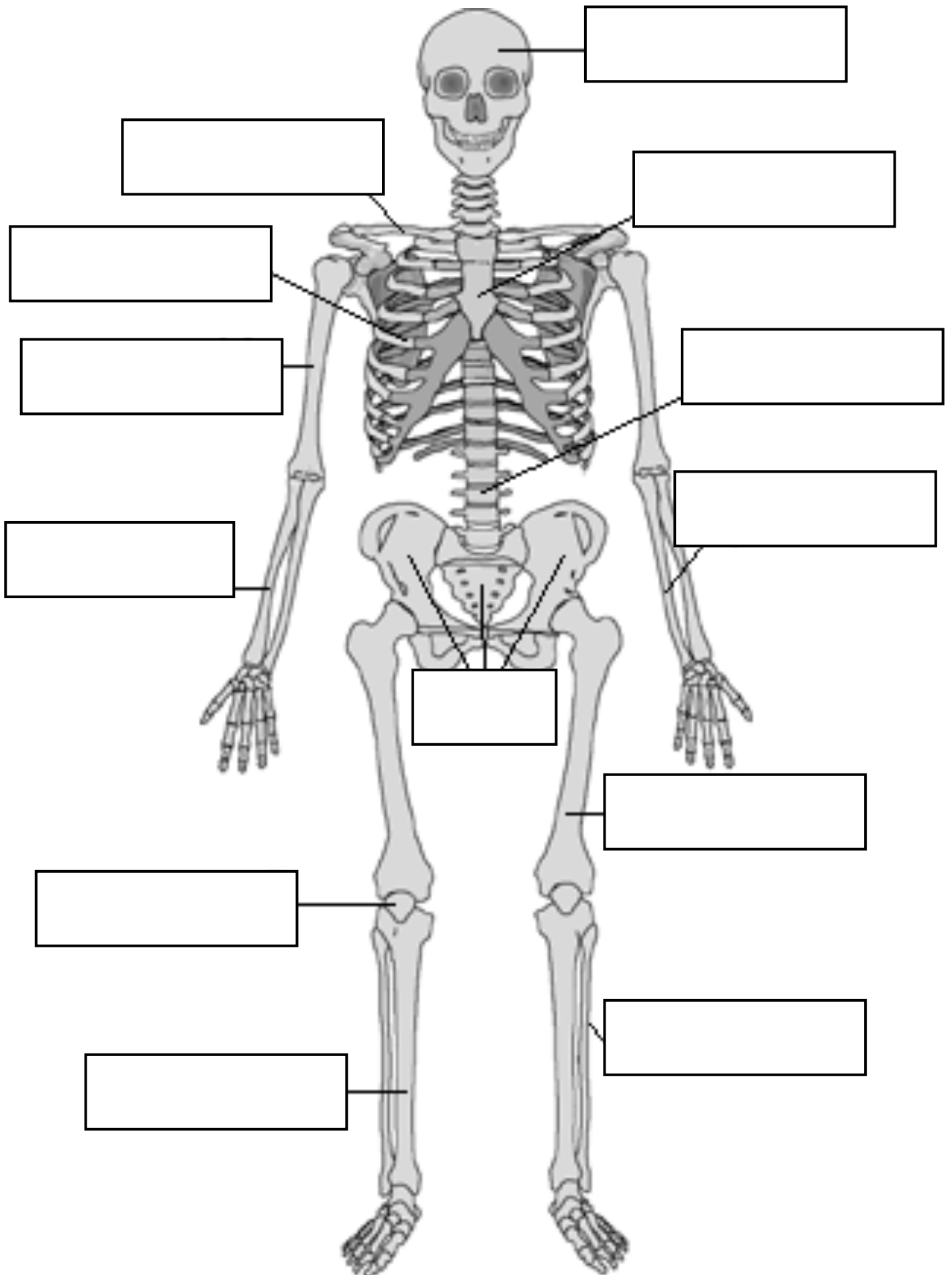


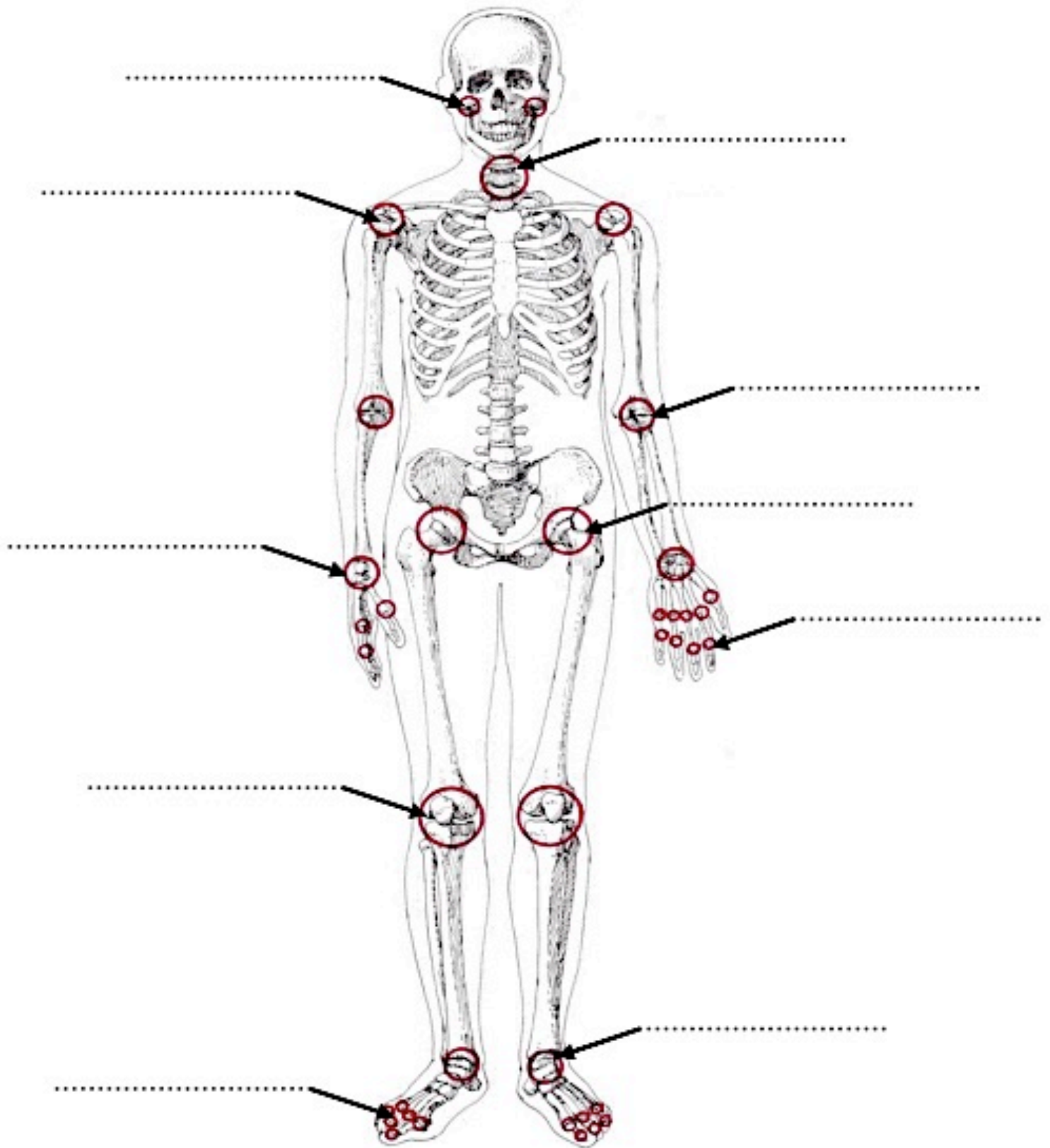
Je dessine sur cette silhouette les os dans mon corps.

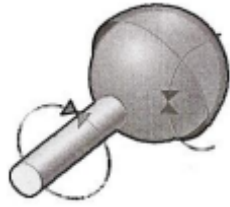


Ce que j'ai appris : Le squelette.



Ce que j'ai appris : Les articulations.





SPHERIQUE

me permet de bouger dans plusieurs directions

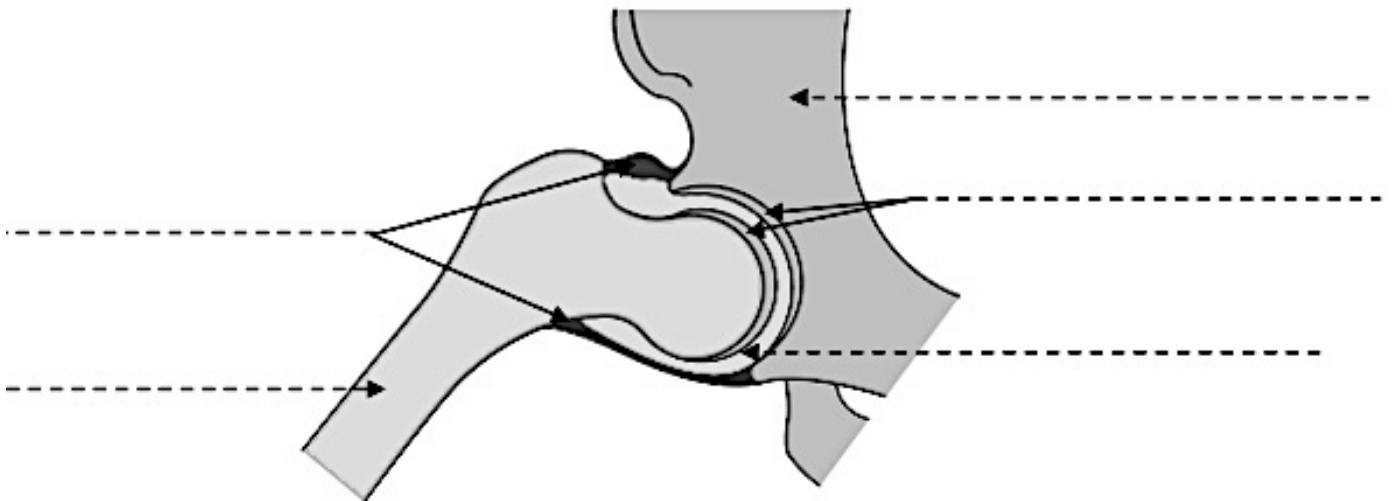


CHARNIERE

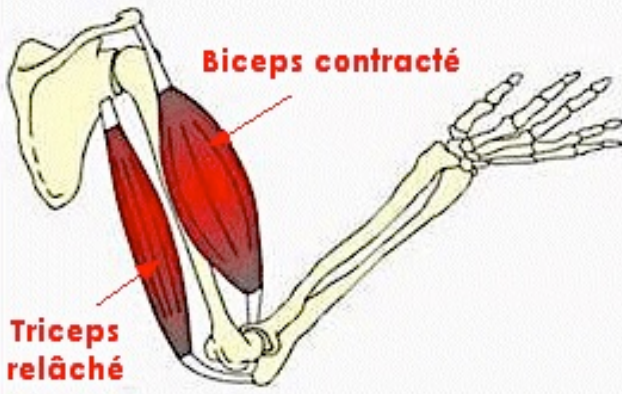
me permet de bouger dans une seule direction

épaule		
coude		
poignet		
hanche		
genou		
cheville		

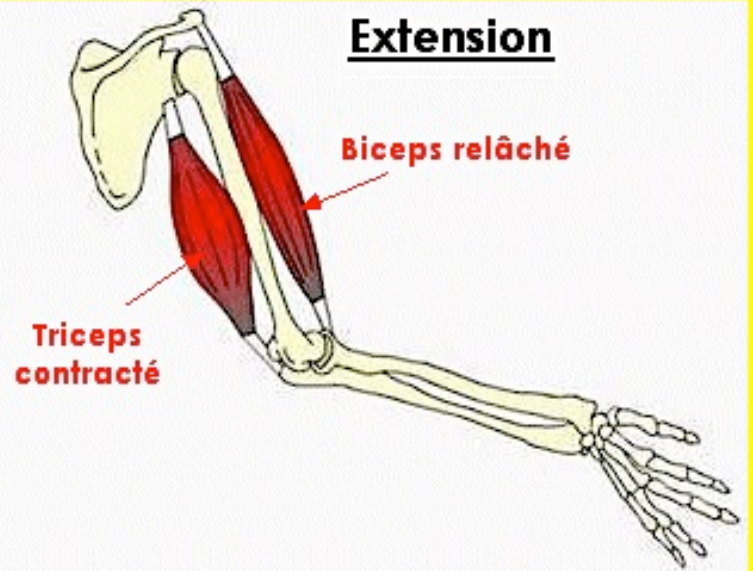
Jambe droite écartée



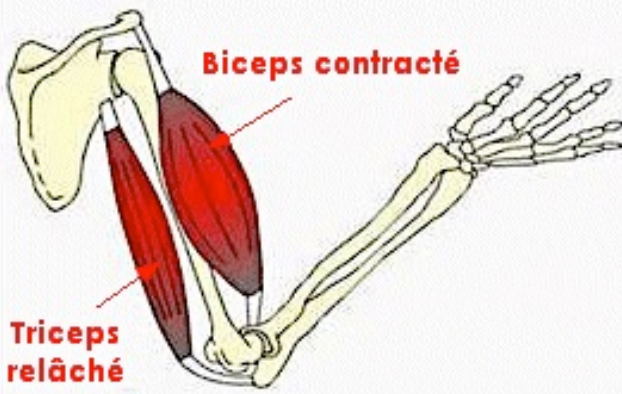
Flexion



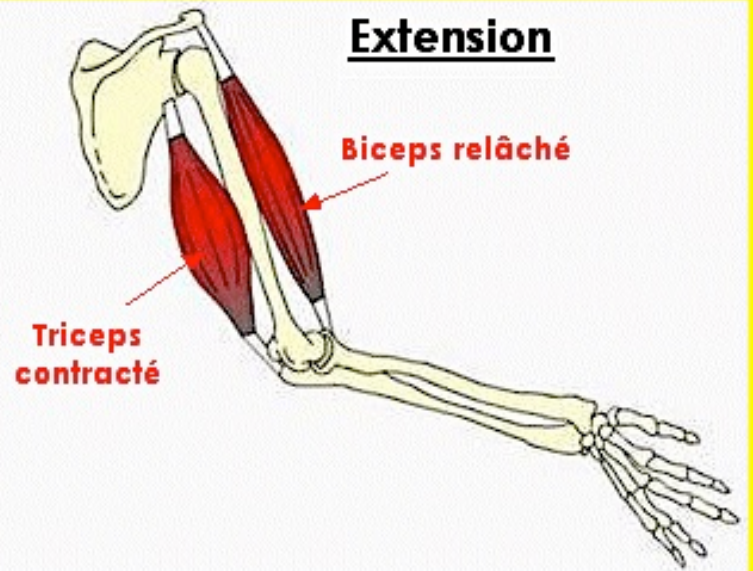
Extension



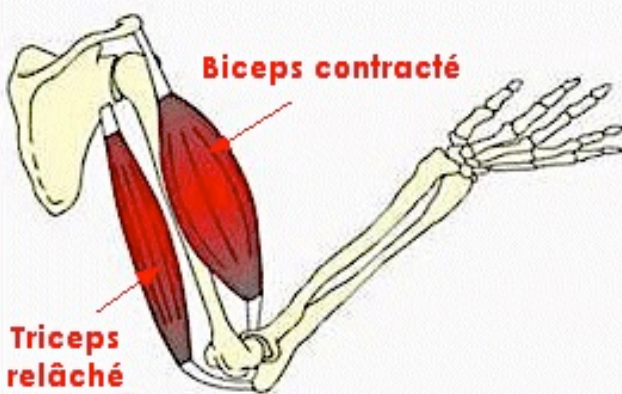
Flexion



Extension



Flexion



Extension

