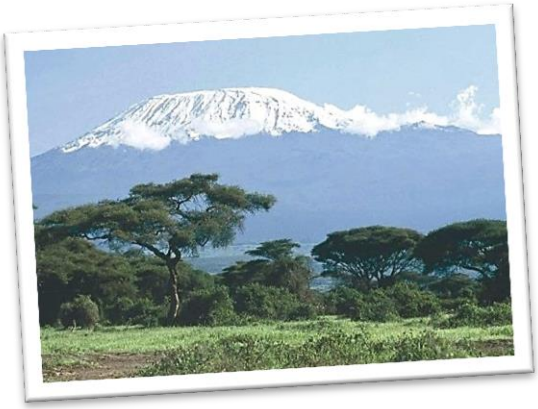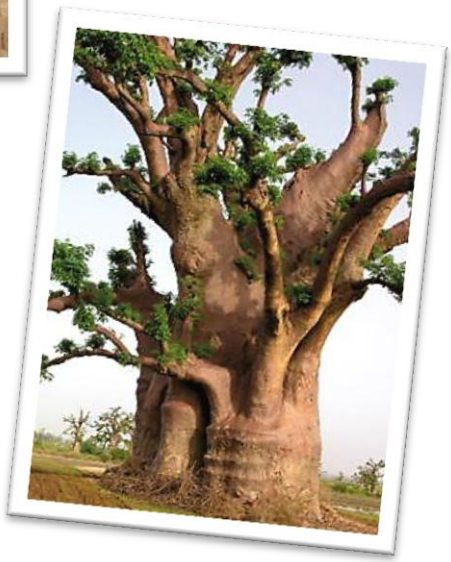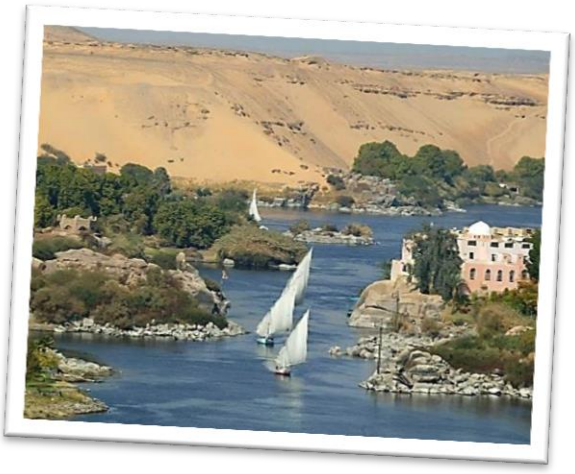L'Afrique