

**Help**  
**The Beatles**  
**1965**

Help, I need somebody  
Help, not just anybody  
Help, you know I need someone

Help When I was younger, so much younger than today  
I never needed anybody's help in any way  
But now these days are gone, I'm not so self-assured  
Now, I find I've changed my mind and opened up the doors

Help me if you can, I'm feeling down  
And I do appreciate you being 'round  
Help me get my feet back on the ground  
Won't you please, please help me?

And now my life has changed in, oh, so many ways  
My independence seems to vanish in the haze  
But every now and then I feel so insecure  
I know that I just need you like I've never done before

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And I do appreciate you being round  
Help me get my feet back on the ground  
Won't you please, please help me? Help me, help me, ooh